

Senadora Latina es electa Líder de la Mayoría del Senado para Periodo 2022-2023

Por Carlos Avila

TRENTON-La senadora Teresa Ruiz (47), se convirtió en la primera mujer de origen puertorriqueño <u>en ser electa líder de la Mayoría del</u>

la primera líder latina de la mayoría del Senado en la historia de Nueva Jersey. Estoy segura que la senadora Ruiz hará un gran trabajo desde este nuevo desafío y sé que, con su lider-



Senado para el periodo legislativa 2022-2023, en Nueva Jersey. Ruiz es reconocida por su lucha en busca de la equidad en los espacios educativos, actuando como líder en la expansión del acceso a la educación infantil en todo el estado. Ruiz también ha encabezado la ley para construir sobre el programa federal de comidas gratis y reducidas para que los estudiantes que califiquen para el programa puedan recibir desayuno y almuerzo sin costo, eliminando la categoría reducida. Además, ha patrocinado leyes para aumentar la diversidad dentro del plan de estudios escolar. Sin duda para muchos su liderazgo representa bien a la comunidad hispana de Nueva Jersey. "Me complace felicitar a la senadora estatal Teresa Ruiz por hacer historia como

azgo, Nueva Jersey seguirá creciendo institucionalmente", señaló a través de un comunicado la asambleísta Angélica M. Jiménez representante demócrata de los condados de Bergen y Hudson.

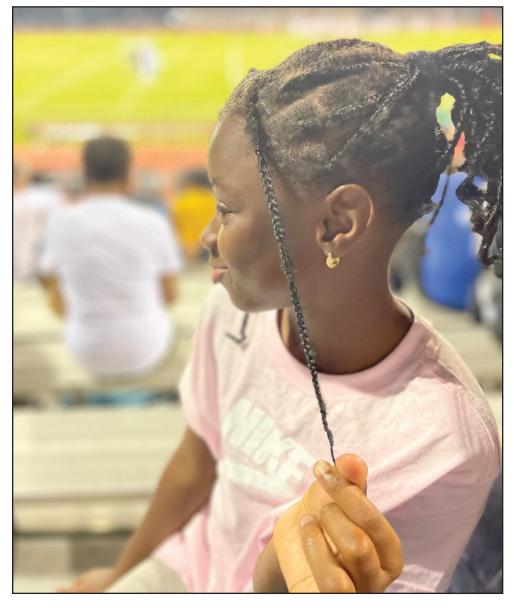
"Una de las mejores cualidades de Nueva Jersey es su diversidad, y es de vital importancia que la diversidad esté representada en nuestras posiciones de liderazgo. Los latinos están subrepresentados en puestos de liderazgo en todo el país. Este no debería ser el caso, especialmente cuando todos se benefician de las diferentes perspectivas y experiencias de vida que los latinos aportan", afirmó Jiménez.

Police, Not Black Teens, Kill 8-Year-Old

By AL ALATUNJI

In the September 2021 issue of The Nubian News, I wrote about the murder of 8-year-old Fanta Bility. Fanta was shot while leaving a high school football game which had just ended. She was there at the football leaders and activists for the murder of Fanta. That there would be no fire and fury. There would be no community outcry. No anger, no indignation, no calls for accountability.

There would only be silence. Silence by Black politicians, silence by Black



game to watch her sister, a cheerleader, and her cousin, one of the football players.

I expressed indignation and anger that Fanta's life was taken from her by what I believed to be still another senseless case of Black-on-Black violence. I also expressed holy indignation that there would be no marching or protesting. There would be no calls for justice from the Black faith-based leaders, silence by Black Lives Matter activists, silence by a community which apparently accepts that in reality their lives really do not matter.

Unfortunately, I was right about the lack of anger by Black leaders and others of how Fanta's life was taken. However, I was wrong, fundamentally wrong, as to how Fanta died.

Fanta - continued on page 2

If you do not understand White Supremacy (Racism) --- what it is, and how it works --- everything else that you understand, will only confuse you."

Neely Fuller Jr. [1971]



Fanta - continued from page 1 Fanta's death, it turns out, was not the result of a bullet from the hands of a Black shooter. Her life was ended by the gunfire of police.

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Initially, prosecutors blamed the killing of Fanta on two Black teenage boys, who had a grudge between



them, who exchanged gunfire outside a high school football stadium just as a game was winding down in

the suburbs of Philadelphia.

Now, more than two months after the fatal death of Fanta, prosecutors are saying that Fanta was not killed by the two Black teenagers. Her death was from a barrage of bullets unleashed by three police officers on the scene, who began firing toward a car they mistakenly believed was the source of the gunshots.

Criminal charges have been brought in the case, but not against the three officers. The two Black teenagers have been charged with first-degree murder for setting in motion the events that led to Fanta's murder.

The decision by prosecutors to charge the two Black teenagers, even though they did not fire the shot that killed Fanta, while allowing the police officers involved to keep their jobs, has stirred outrage that the police will ultimately evade accountability.

The charges rely on a legal theory "transferred intent," known as

which prosecutors believe applies in this case because they say the two Black teenagers had intended to kill each other, and the result of their actions was Fanta's death. But some legal observers are pushing back at the prosecutors who they believe are stretching the definition of "transferred intent" and could have difficulty making the charges stand up in court.

Prosecutors say that the police role in Fanta's death is still under investigation and that a grand jury will be convened to review and determine whether the police officers' use of deadly force was justified.

In the meantime, prosecutors maintain the gunfight between the two Black teenagers "precipitated the responsive discharge of weapons by police officers stationed near the entrance to the football stadium."

Legal observers maintain the case highlights one of the less-discussed ways that the law can shield the police from accountability when officers kill someone but murder charges are brought against others who were on the scene and may have participated in separate criminal acts that instigated the police response.

As a reporter it angers me that I did not have the story correct. It angers me more that the police were negligent and breached their duty by showing up and shooting into a crowd. However, It angers me most that the police and prosecutors are trying to take the easy route out by pinning Fanta Bility's murder on two Black teenagers rather than holding the actions of the police accountable.



Compiled from "The United Independent Compensatory Code/System/Concept by Mr. Neely Fuller Jr.

the 'powerless class'.

Two Basic "Classes" of People in the Known Universe

1. The Powerful 'Class' (White to the 'powerful class', are, therefore, Supremacists)

2. The Powerless 'Class' (all Non-White people, and those White people who are not White Supremacists).

Explanation:

Since the establishment of White Supremacy (Racism) among the people of the known universe, the terms 'upper class', 'middle class', and/or 'lower class', have become so meaningless that to use such terms to describe any people does not promote justice, but serves only to promote great confusion.

It is therefore best not to use such terms to describe any people now in existence in the known universe.

Under White Supremacy, and/or, as long as White Supremacy exists, the best and most accurate way to describe people by using the category of 'class' is to describe their power relationship to each other.

By so doing, all white people who practice White Supremacy (racism) must be recognized as the only people in the known universe who are the 'powerful class'.

All Non-White people, being subject

Since all of the white people who practice White Supremacy are 'The Powerful Class', it generally serves no useful purpose for a non white person to worry about which individual white person is 'more powerful' than

another within that class. A White Supremacist is a White Supremacist [powerful person].

How one White Supremacist relates to another White Supremacist at any particular moment should be of no major concern to a non-white person, since all White Supremacists are committed to the practice of Racism (White Supremacy).

In any event, the White Supremacists, who, as individuals, are 'smarter' than many other White Supremacists, will, in all matters involving the maintenance of White Supremacy, give effective support to those who are 'not so smart'.

As long was White Supremacy exists, it is incorrect for any non-white person to pretend that he or she is any 'Class' of person other than 'The Powerless Class'.

You can order the digital edition of "The United Independent Com*pensatory Code/System/Concept online at: https://producejustice.* com/product/the-united-independent-compensatory-codesystemconcept-textbook/



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Kids are dressed in their Halloween costumes so let the fun begin! Trunk or treats, haunted houses, pumpkin parades and more! Families with young children got dressed in their most comfortable costumes and boogied over to our open dance party.

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December 3, 2021

2022 Trenton Municipal Election Is On

BY AL ALATUNJI

Before the final votes had been counted at the recent November election, Trenton's 2022 municipal election campaign had already started. In fact, election efforts have been taking place for several months to position various individuals for mayor and

Councilwoman Robin Michelle Vaughn from being able to launch viable campaigns for mayor. It seems the mayor's allies are most concerned about a challenge from Council President McBride who they believe has strong support throughout the city's Black majority. She supported

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city council.

Current Mayor Reed Gusciora has yet to officially announce his intentions to seek a second term as mayor but is expected to do so sooner rather than later. However, it has not stopped some individuals close to the mayor and others recruited by allies of the mayor to begin charting a course to return the mayor for another term.

Such efforts are rumored to include Council disabling President Kathy McBride and West Ward

council, five Black candidates joined Perez and Gusciora in running for mayor with the five Black candidates splitting the vote in the municipal election. The result was the five Black candidates cancelling each other out. Trenton ended up with a runoff between a white and Latino for mayor. That there may be a similar repeat in which Black voters in majority Black Trenton end up with another non-Black mayor remains to be seen.

During the previous municipal

Police and Driving While Black

BY AL ALATUNJI

Minor offenses like a seatbelt violation, a broken headlight, or a cracked taillight have resulted in the deaths of more than 400 people over five years, according to a startling new report done by the New York Times. Many of the 400 motorists murdered by police were unarmed Black motorists.

The New York Times conducted an extensive investigation of traffic stops in which police officers justified the shootings by arguing that the vehicle was a weapon.

The newspaper found that in about 250 cases, police officers had fired into vehicles that they claimed posed a threat. "Relative to the population, Black motorists were overrepresented among those killed," stated the

report.

For perspective, the report pointed out that nine officers had been fatally run over, pinned, or dragged by drivers in vehicles over the past five years. However, law enforcement officers were found to have put themselves at risk.

The report also concluded that some officers who fatally shot motorists "didn't appear to be in any jeopardy at all."

The New York Times investigation found that in case after case, officers claimed to have feared for their lives. "And in case after case, prosecutors declared the killings of unarmed motorists legally justifiable," the report stated.

"Patterns of questionable police conduct that went beyond recent high-profile deaths of unarmed

election, the Mercer County and Trenton Democratic organizations initially endorsed Walker Worthy for mayor. After Worthy lost, the party threw its support behind Gusciora in the runoff election. What role the Mercer County and Trenton Democratic Party will play in the upcoming mayoral race also remains to be seen. They may automatically back Gusciora or someone else. It is rumored that the names of Black and Latinx candidates are also being discussed among county and Trenton Democratic Party power brokers. Four years ago, roughly 8,800 Trenton voters cast ballots for mayor out of approximately 37,000 registered voters, a dismal 23% of all voters eligible to vote. Whatever the turnout for the November 2022 municipal election, one thing that is certain is that the election will be exceedingly messy and nasty.

Despite some close to Mayor Gusciora feeling that Council President McBride is the most viable of challengers to possibly take on Mayor Gusciora their main attention seems to be Councilwoman Vaughn. Whereas the focus on McBride is political, with Vaughn it seems strictly personal. There appears to be a lot of bad blood between Mayor Gusciora and Councilwoman Vaughn.

While the mayor's allies are interested in defeating McBride at the polls it seems they are chomping at the bit, to go toe to toe with Vaughn in a death cage match, anywhere and everywhere. It will be muddy and bloody just like both sides seem to want it. This is the last thing that the voters and residents of Trenton need.

drivers" were found when New York Times investigators reviewed video and audio recordings, prosecutor statements, and court documents. Evidence, the paper's investigators asserted, often contradicted the accounts of law enforcement officers. "Dozens of encounters appeared to turn on what criminologists describe as officer-created jeopardy: Officers regularly, and unnecessarily, placed themselves in danger by standing in front of fleeing vehicles or reaching inside car windows, then fired their weapons in what they later said was self-defense," the report concluded.

The report went on to say officers frequently exaggerated the threat and, in many cases, law enforcement responded with outsize aggression to disrespect or disobedience by a driving talking back, revving an engine, or refusing to get out of a car, what Law and Public Safety Committee. officers call "contempt of cop."

Trenton voters and residents need candidates for mayor and council who have a desire and commitment for change. Who have and are willing to put forth to the voters and residents of Trenton a vision of what Trenton can be, should be and must be.



Candidates who are willing to invest in raising the resources which will allow them to explain to the voters why they should receive their trust and their votes.

They do not need egotists and narcissists who only bring negative attention to the city and its residents. They have had too many of those already. They do not need any more.

Earlier this year, Rep. Ayanna Pressley (D-Mass.) and Sen. Ed Markey (D-Mass.) reintroduced the "Ending Qualified Immunity Act" to eliminate the legal loophole that prevents victims of police violence and civil rights violations from obtaining relief through civil lawsuits.

Police violence against Black families continues to plague our communities. When victims of police violence seek justice through civil litigation, they are thwarted by the 'qualified immunity' doctrine, a legal loophole invented by the courts to shield police from accountability.

Legislation has been sponsored at the state level by State Senator Nia Gill (D-Essex) which would eliminate qualified immunity for police officers in New Jersey. That bill, Senate Bill 3730 has been referred to the Senate

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Artist

by Karen Hilton Mabel Alfreda Williams was born in Hamlet, NC, a small southern town

Shepherd elementary and junior schools and Cathedral High School. She hounded her mother to allow her



on the eastern seaboard. Her family, to go to Trenton High School in her which included her father, Lemuel Breeden, her mother, Sarah Breeden and 4 siblings, were part of the "great migration" where Black families moved north in search of opportunities. Lemuel moved first to Trenton, New Jersey and secured employment at General Motors. The rest of the family soon followed.

Freda, as she is affectionately called, attended Our Lady of Divine

senior year because she didn't have any friends at Cathedral and her mother allowed this. Freda attended Rider College and studied Business Administration. She was employed at Mercer Hospital and worked in the evenings as a dietary assistant.

Asbury Methodist Church, also known as "Little Asbury", was on Fountain Avenue in Trenton many years ago. Asbury was Freda's family church. Her mother, sisters and grandmother were all members and church workers. Freda sang in the Junior Choir and she met Nathan Williams, a talented church organist,

to purchase them. Freda was shocked that someone wanted to buy them. She gave him a price and Nathan presented her with a check when he came home from work. This was her

through this ministry. Freda and Nathan married and had a daughter Charlotte. Being the youngest of 5 children, Freda spent many hours alone. There was always paper, pencils and crayons

around and she spent hours and hours coloring. Roller skating was Freda's other favorite activity. Her family could be counted on to give her art supplies and skates for Christmas and Freda was happy to gift her family with some of her creations on holidays and birthdays. Although Freda's family complimented her and even displayed her artwork, Freda never considered herself an artist. She painted for years and would paint on anything. Freda said she would paint on me if I stood still long enough. She loved working with colors and shapes.

Art was Freda's passion and she never considered getting recognition or selling her pieces. Her husband Nathan was an avid football fan and Freda was a "football widow". She decided to create her version of a play on football field and she painted 2 pieces. Nathan took them to work and soon called Freda to ask how much she wanted for the 2 paintings because one of his colleagues desired

very first sale!

Freda has gained confidence in her artistic ability as people began expressing interest in her art. She has been invited to participate in many, many exhibits and has been commissioned to create art five times in the last ten years by friends, churches and even by her eye doctor. Freda won 1st place this year in the Mercer County art competition in the "Acrylic Professional Category" with her piece Original People and has won 3rd place at the state competition with the same piece. Her original art includes ones of people, landscapes, flowers, Trenton landmarks, notecards, and even pillows. Freda even has an artistic style of dress that expresses her desire to showcase her own culture. Freda's Art Gallery is in her home and Freda's Expressions can be viewed by appointment only. Her daughter Charlotte Williams is her curator and manager. 609-fredasart@gmail.com, 609-707-0622 Photos by Karen Hilton Images

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Volume 5

December 3, 2021

Number 12

Eating Well for Your Mind and Body

Wednesday, December 8, 2021 | 6 p.m. Zoom Meeting



Did you know that your food choices can affect your brain health? Join **MINDY KOMOSINSKY**, a registered dietitian and certified diabetes educator from Capital Health, to learn how our food choices can support a healthy brain.

Other topics include mindful eating strategies and eating plans that help reduce dementia and the decline in brain health that often occurs as people get older.

This event will be taking place virtually using Zoom. Register online at capitalhealth.org/events and be sure to include your email address. Zoom meeting details will be provided via email 2–3 days before the program date. Registration ends 24 hours before the program date.





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Food Addictions: Symptoms and Management

Wednesday, December 15, 2021 | 6 p.m. Zoom Meeting



Do you or someone you know think you have a food addiction? You're not alone! Food addiction can be a serious health challenge for many people, so join **DR. ARVIND BHASKER** from Capital Health – Behavioral Health Specialists to address your questions and concerns. Topics include the signs and symptoms of food

addiction, the short- and long-term consequences, and the treatment options that are available to get you on the path to better health.

This event will be taking place virtually using Zoom. Register online at capitalhealth.org/events and be sure to include your email address. Zoom meeting details will be provided via email 2–3 days before the program date. Registration ends 24 hours before the program date.



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GUATEMALAN YOUNG ASKS FOR HELP TO REPATRATE HIS WIFE'S BODY

By Carlos Avila

TRENTON- Alfredo Chanax Colop



says that his wife died last Monday, November 30, 2021, due to kidney failure, required a liver transplant, but because she was undocumented they could not help her.

"From one moment to the next, his eyes and skin turned yellow. I took him to the emergency room, he needed a transplant, but because he didn't have "papers" they couldn't help him, "said the young Guatemalan man, who came to Trenton

AMERICA LATINA

Una de cada cuatro personas en América Latina no ha logrado recuperar el empleo que tenía antes de la pandemia. Y cerca de la mitad de los hogares no ha conseguido que sus ingresos totales regresen al nivel prepandémico, pese a las ayudas fiscales que se han entregado a las familias más vulnerables, según una investigación conjunta del Banco Mundial y el Programa de las Naciones Unidas para el Desarrollo (PNUD). Aunque muchas de las economías de la región han comenzado a reactivarse después de una de las peores crisis de las últimas décadas, Latinoamérica aún no logra volver a la situación en la que vivía en 2019. Ahora que muchas de las ayudas fiscales están llegando a su fin y crece con fuerza una ola inflacionaria que recorre el mundo, las familias intentan salir adelante con las alternativas que tienen a la mano. HONDURAS

La candidata presidencial Xiomara Castro, del izquierdista partido Libertad y Refundación (Libre), aventaja a su principal oponente, el alcalde de Tegucigalpa, Nasry Asfura, del oficialista Partido Nacional (PN), en las elecciones presidenciales de Honduras. De acuerdo con los conteos 16 years ago in order to work and improve his economic situation, but unfortunately he was not enough. Now he is looking for good-hearted people among the community to help him out and raise some money, to take his wife's body to Urbina Cantel, Quetzaltenango-Guatemala, to join his family there to give Thelma his wife , Christian burial. That is what she asked before she died. "If I die, get me out of here," his wife had said as she struggled to save her life.

Regarding the authorities of his country here in New Jersey and Pennsylvania, he said that he is waiting to see if he "qualifies" for the aid. "The Consulate says it can support with a thousand dollars, but it takes 2 months to see if we qualify," said the young father of the family who is determined to return to Guatemala to live with his three sons / daughters who are born in the United States. United.

If you want to help Alfredo and his family call 609-456-5088. Or in turn, deposit your contribution in the TD Bank account number: 4277754367.

publicados por el Consejo Nacional Electoral (CNE), con más del 52% de las actas escrutadas, la esposa del expresidente Manuel Zelaya obtiene hasta el pasado lunes más del 53% de los votos, mientras Asfura se lleva casi el 34%. Este martes se amplió unas décimas el recuento. El retraso está haciendo que algunos hondureños se empezaran a impacientar y a recordar lo que sucedió en las presidenciales de 2017, cuando la tendencia cambió repentinamente, después de que el conteo se detuviera durante horas, desatando protestas y acusaciones de fraude contra el mandatario Juan Orlando Hernández, que finalmente ganó la reelección.

GUATEMALA

En el marco del Día del Periodista que se conmemora en el país el 30 de noviembre, un grupo de periodistas llegó hasta La Plaza Central para hacer una caminata hacia Casa Presidencial con la consigna de "No nos callarán". Luego de la caminata por la sexta avenida de la zona 1, el grupo de prensa contra la censura conformado por distintos medios de comunicación e independientes, leyeron un pronunciamiento en donde señalaron que el ejercicio periodístico se encuentra bajo un asedio inusitado

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FAMILIA INMIGRANTE EN BUSCA DE UN FUTURO MEJOR

Por Carlos Avila

TRENTON-Las familias inmigrantes que arriesgan sus vidas en la travesía y logran llegar a los Estados Unidos sueñan en un futuro mejor. En Trenton ciudad capital del estado "Jardín" de solo 7.65 millas cuadradas ubicada entre Filadelfia y Nueva York, viven miles de familias que en las últimas décadas han poblado la ciudad. Ese es el caso particular de la familia compuesta por Cayetana y Jose Vicente, originarios del Municipio de San Adres, Totonicapán-Guatemala. Los retos que han tenido que soportar Cayetana y Jose han sido muchos, desde sus inicios, sin embargo, hoy en día viviendo en Trenton sus objetivos se mantienen con optimismo y determinación.

"Durante la pandemia nos cuidamos, nos mantuvimos unidos y logramos salir adelante" señala Cayetana madre de familia de hijas e hijos que suman siete en total: Erica, la mayor; Jeffrey, Katherine, Luis, Débora, Abraham, Raquel la más pequeña. Indica que en plena pandemia de COVID-19, su esposo perdió su trabajo, sin embargo, no se desesperó, al contrario, le echo ganas y apoyó a Jose a emprender su propio negocio de "landscaping" jardinería.



Afirmó que Jose salió a ofrecer su trabajo a diferentes familias a limpiar sus yardas y cortar el césped.

"Yo sé de mi trabajo de cortar grama. Limpie y aliste mi máquina y me eche a las calles a ofrecer mi trabajo de landscaping" manifestó Jose con cierta emoción. Hoy en día ya tiene su propia clientela y su pequeño emprendimiento va bien. (aunque pide sonriente que por este medio le hagan publicidad, para atraer a más clientes)

En cuanto a la educación de sus hijas e hijos Cayetana señala que ella está dedicada a tiempo completo como ama de casa, se asegura de que cumplan sus tareas escolares todos los días. Viven agradecidos con Dios y el Distrito Escolar de Trenton

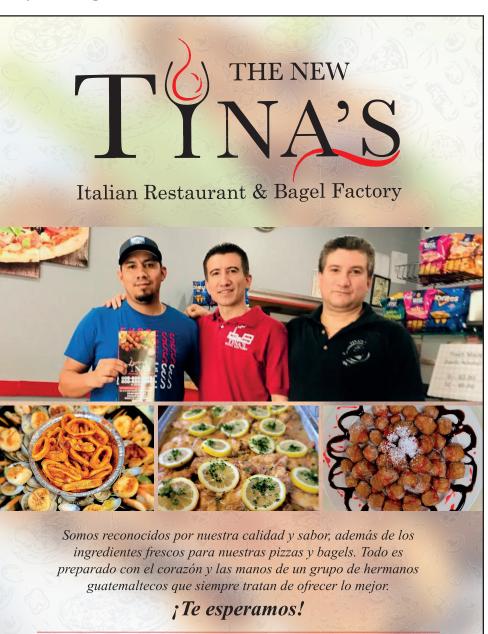
> por que sus hijos e hijas están desarrollando su capacidad intelectual. Las matemáticas y el lenguaje es uno de los temas que tienen claro en que hay que aprender y dominar bien. "Nosotros hablamos el quiché y el español en casa y tratamos de que mis hijos aprendan bien, aunque entre ellos hablan

más el inglés. Erica la hija mayor quiere ir a la universidad y sabe bien que para ser abogada uno de sus sueños profesionales, debe hablar bien sus idiomas para defender a sus clientes. Las otras hermanitas quieren ser a futuro reporteras y profesoras. Están conscientes que la educación es el mejor medio para hacer sus sueños una realidad. Jose y Cayetana también saben que aprender el idioma ingles es importante para salir adelante en este país.

"Yo también ya entiendo y hablo más o menos el inglés. Al principio pensé que no podría aprender, pero me decidí aprender" señala Cayetana. Jose cree que ser multilingüe es una ventaja hoy en día y aconseja a todos a esforzarse en el trabajo y en la educación. Manifiesta que una de las necesidades más importantes de la comunidad inmigrante indocumentada que vive en Trenton y en Estados Unidos a más de la educación es poder tener una reforma migratoria que les permita tener un estatus legal y acceso a más oportunidades. Jose y Cayetana sueñan en algún día no muy lejano poder comprar su propia casa, expandir su negocio, pero sobre todo ver a sus hijos e hijas que sean unos buenos seres humanos, honestos, respetuosos y generosos, valores que se aprende en casa.

(A propósito, el contacto para quienes deseen servicios de jardinería, cortar la grama, árboles, etc. Pueden comunicarse con Jose al número 609-221-8035)





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Volume 5

December 3, 2021

Number 12

El aumento reciente de la migración haitiana

LAURA LUCIA RODRÍGUEZ PEÑA

Actualmente, las redes sociales y los medios de comunicación nos saturan de información y es difícil que una noticia se mantenga relevante por más de un día. Apenas una semana atrás terminó la COP26 y todos hablábamos del cambio climático y hoy parece que pasó a ser un tema secundario en la agenda global.

Además de este, nos hemos olvidado de temas importantes que merecen tener la atención y la indignación de todos. A inicios de septiembre se hicieron virales alrededor del mundo la foto de migrantes haitianos en Texas siendo perseguidos por la guardia montada de Estados Unidos. Las fotos, parecen una escena de terror

de hace siglos, una de las más impactantes es la de un guardia montado a caballo que llega un látigo en su mano y va persiguiendo a un migrante haitiano que lleva alimentos en su mano y cuya expresión en los ojos refleja la angustia de todo su pueblo. La respuesta a la migración haitiana es inhumana e inaceptable desde el ángulo que se le vea. La migración proveniente de Haití no es algo nuevo puesto que el país es el más pobre de todo el continente, también tiene uno de los índices de corrupción más altos y ha sido el epicentro de temblores y desastres naturales. Todos estos factores causan que la población vea la migración como la mejor opción para encontrar bienestar y vivir en mejores



condiciones. En meses recientes ha aumentado la migración haitiana, una de las principales razones es

> la inestabilidad política y económica a causa del magnicidio en donde mataron al presidente Moise.

Los haitianos han llegado a diferentes países de América Latina pero usualmente su destino final es Estados Unidos, o al menos ese es su deseo. Algunos intentan hacer el viaje por mar, pero son aproximadamente millas 600 hasta Florida, el trayecto puede ser mortal y pueden ser interceptados por la guardia marítima.

Muchos prefieren llegar a Chile en donde tenían derecho a una visa de turista y de allí viajar por toda Sudamérica y Centro América hasta llegar a México y luego a Texas. Durante el camino los migrantes enfrentan la

xenofobia, el racismo, la dificultad de no hablar el lenguaje y el riesgo de muchas veces perder la vida.

Los haitianos afirman que el trecho más peligroso es la selva del Darién entre Colombia y Panamá (Reyes, 2021), puesto que las condiciones climáticas son extremas y los caminos le han causado graves lesiones e incluso la muerte a muchos de los migrantes.

A pesar de las dificultades muchos logran completar la travesía, pero el cruce final a Estados Unidos puede ser uno de los más grandes obstáculos. Cuando llegan a Río Grande son interceptados y sufren de maltrato y abusos por parte de la policía, lo cual evidencian las fotos que se hicieron públicas en septiembre de este año, por esta razón muchos de ellos permanecen en México indefinidamente y dependiendo de las ayudas humanitarias de organizaciones internacionales.

Ellos se rehúsan a volver a su país pues saben que la situación allí sigue siendo precaria. Mientras tanto ningún gobierno crea o propone una estrategia para ayudar a los miles de personas que siguen realizando este arriesgado cruce migratorio. Ante esta situación los países del continente deberían tener un protocolo de respuesta para ayudar a los migrantes de paso y para ayudar a Haití ante la difícil situación política, en la cual se ha demostrado la injerencia de otros países del Sur.

WHITE PEOPLE MAKE THINGS UNNECESSARILY COMPLI-CATED. I'M JUST SAYIN'... ~ADELE

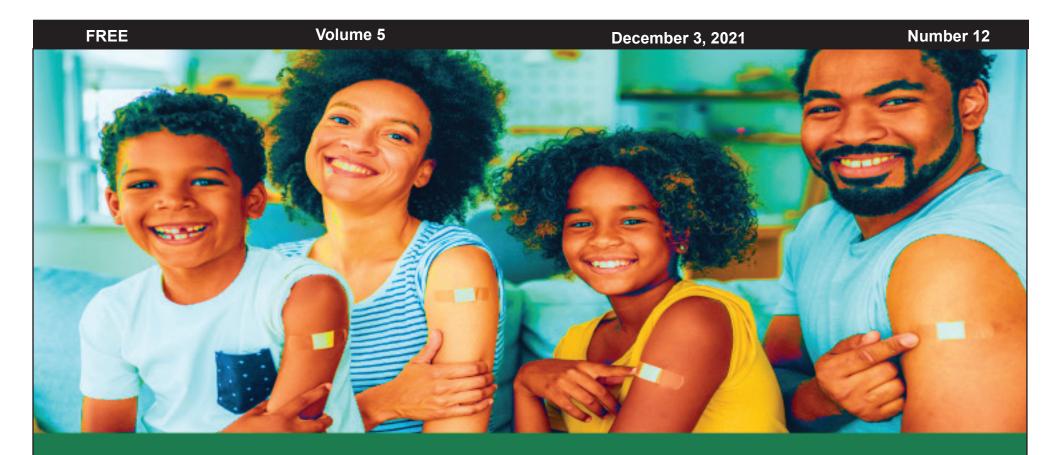


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www.globaltvnow.net

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The COVID-19 vaccine has been proven to be safe and effective for everyone age 5 and older, and Mercer County Executive Brian M. Hughes encourages you to get yours today. Join Mercer County to support equal care and vaccines for ALL people.

Vaccination Clinics (5 yrs and older) CURE Insurance Arena, Gate A, South Broad Street, Trenton

- * Monday, Dec. 6, 10 am 4 pm
- * Tuesday, Dec. 7, Noon 6 pm
- * Thursday, Dec. 9, 10 am 4 pm
- * Monday, Dec. 13, 10 am 4 pm
- * Tuesday, Dec. 14, Noon 6 pm
- * Thursday, Dec. 16, 10 am 4 pm
- * Monday, Dec. 20, 10 am 4 pm
- * Tuesday, Dec. 21, Noon 6 pm
- * Monday, Dec. 27, 10 am 4 pm
- * Tuesday, Dec. 28, Noon 6 pm
- * Thursday, Dec. 30, 10 am 4 pm

930 Spruce St., Lawrence, next to Trenton Farmers Market (In heated tent)

- * Friday, Dec. 3, 9 am 4 pm
- * Friday, Dec. 10, 9 am 4 pm
- * Friday, Dec. 17, 9 am 4 pm
- * Wednesday, Dec. 29, 9 am 4 pm

Vaccinations are FREE, regardless of immigration or insurance status. Walk-ins are welcome. The Johnson & Johnson, Moderna and Pfizer vaccines, including booster shots, are available at all of the above clinics.



Clinic schedule is subject to change. For the most current vaccination schedule, visit mercercounty.org | covid19.nj.gov/pages/finder

Nubian News Book Review

BY TERRI SCHLICHENMEYER

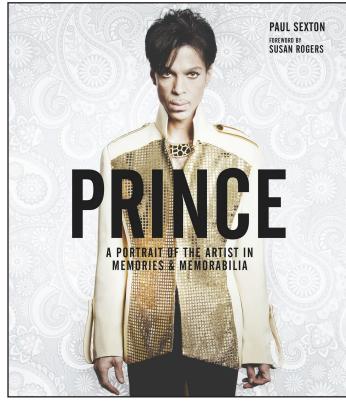
"Prince: A Portrait of the Artist in Memories & Memorabilia"

BY PAUL SEXTON, FOREWORD BY SUSAN piano. ROGERS By 16, he was proficient with several

c.2021, Welbeck Publishing \$24.95 / higher in Canada 143 pages

The cover promised greatness.

Just a whisper over twelve inches square, you knew there was magic



inside; even its title and artwork were enticing. Oh, the anticipation, as you flipped it over to read the contents before carefully running a fingernail along one side to slice the clear wrapping and finally touch the vinyl. There was something truly delicious about the first minutes with an old-school record album, but in **"Prince" by Paul Sexton**, it was nothing compared 2 the music.

Andrê Anderson didn't know a soul. He was a teenager then, and his mother had just moved him to a different Minneapolis school and a "new situation." When an adult told him to "go stand against a wall," Anderson decided to stand next to a kid who looked friendly; remembering that day, he recalled that that boy, Prince Rogers Nelson, was a kindred spirit who *lived* for music.

Even then, young Prince was restless; he ran away from home many times, bouncing between his father's apartment and the Anderson home. Prince's dad, John, was "his best friend" and was arguably the root of his son's talent; as an adult, Prince remembered being three years old and itching to play music his father's life, to the point that he rarely slept. His entourage is said to have made it a game to see who could stay awake longer than Prince.

Nobody could.

musical instruments, and was a

member of a band. At 18, he wanted

to record his own single; two years

later, he was recording for a major

label. He was laser-focused on his

career, then and for the rest of his

He had a legendary work ethic and was generous, but fools weren't welcome in his circle. He was a prankster who loved to laugh, a perfectionist, and a visionary. Once, he called himself "TAFKAP," which stood for The Artist *Formerly* Known as Prince.

Says Sexton, "But now he is The Artist

Forever Known as Prince."

So you think you know everything there is to know about The Purple One. Or maybe not: "Prince" could still hold a few surprises, even for the most ardent fan.

But which will be your favorite part? Author Paul Sexton tells Prince's story from his youth to his death, through the eyes of those who worked with Prince, on-stage and off, in stories that are both personal and of the kind you might hear in a business meeting. While Sexton delightedly dives into a mischievous side of the singer, readers can rest assured that there's nothing scandalous here – that wasn't Prince's way – but those who know his lyrics know that the edge is close.

Or will you prefer the pages of photographs? Pictures of Prince as a boy, a creator, a performer? Still-photos, posters, concert shots, pictures of his costumes? Photos that might be new to you? Why even try to decide about this book made especially for fans: pick both, and "Prince" promises a great read.

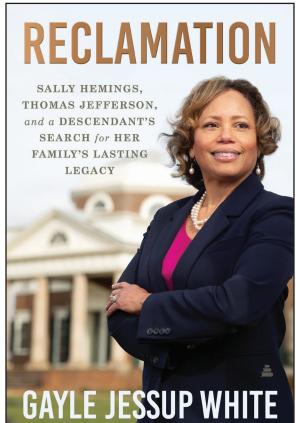
"Reclamation: Sally Hemings, Thomas Jefferson, and a Descendant's Search for Her Family's Lasting Legacy"

BY GAYLE JESSUP WHITE

c.2021,Amistad 27.99/\$34.99 Canada 288 pages

December 3, 2021

Sometimes, you feel like a tree. Like a sentinel standing tall, you bend with the wind but never break.



Small children climb on you, and you receive them with arms open; your exterior is tough but what's inside is smooth and strong. Sometimes, you feel like a tree: as in the new book **"Reclamation" by Gayle Jessup White**, your roots spring from complicated soil.

Born in the early years of the Civil Rights Movement, Gayle Jessup White was her parents' youngest child by several years and for that, she was indulged by her siblings and especially beloved by her father, with whom she was closest. He was a civil servant who provided all for his family, and they enjoyed a "welloff" lifestyle; before White was born, they even had the means to provide a home for an elderly half-relative who was said to have been illiterate and simple, but who never lost sight of a belief she held.

"Aunt Peachie" swore that the Jessup children were descendants of Thomas Jefferson.

White was small when she learned of this possible heritage, but details then were maddeningly scarce. Still,

she never forgot the thought of being related to our third President, just as she never forgot that summer when she learned about racism and she discovered that her parents' marriage was rocky.

White grew up, went to college and

landed a good job in a field she enjoyed. She married, became a mother, divorced, and dabbled in a bit of a search for the details of her heritage, but with limited success. First, her father died, then her mother, and White met a man she could spend the rest of her life with. Throughout, she dreamed of working at Monticello, the mansion that Thomas Jefferson built, the home of most of his slaves but for years, white descendants of Jefferson had denied the very existence of the man's Black offspring. Still, White told everyone of her heritage when she visited Monticello, until finally someone listened.

Finally, she held the possibility that Aunt Peachie was right... How many times a month do

you say, "I wish I'd listened to" whatever elderly relative had stories to share? That family lore is precious stuff, and "Reclamation" makes open ears more urgent.

And yet, as author Gayle Jessup White shows in her book, finding the details-within-the-details won't be an easy task. White overcame many, many roadblocks that were set in her path toward understanding, including a lack of technology in the beginning and a general disbelief from others; there's also a side-story of meeting a very distant cousin and the disappointment in this, which may serve as a keenly different kind of warning for readers eager for warm, willing family ties that might never arrive.

Still, none of that was a deterrent for White, who sports a definite perseverance in this memoir that genealogists, family historians, and storytellers will find appealing. If you, too, are searching through your past for a hidden truth, "Reclamation" may be a hard book to leave.

Happy Kwanzaa To Al community together.

In 1966, the only "indigenous non-heroic Black holiday in the United States" was created by Dr. Maulana Karenga, the founder and chairman of the Black Nationalist Organization, US, who was a professor of political science in California. The ideas and conceptions of Kwanzaa developed out of the system of social and political thought of Kawaida (tradition and reason), also developed by Dr. Karenga. The word KWANZAA is derived from the Swahili word "KWANZA" which means "first" and is part of the phrase Matunda Ya Kwanza (first fruits). Dr. Karenga added the extra "a" to the word.

Kwanzaa is an adaptation of the African celebration of harvest time, when traditionally the community gathered to celebrate the fruits of its labor. Celebrating Kwanzaa is one way in which African Americans can continually build and foster positive social, economic, emotional and spiritual growth in every aspect of our lives. It is a cultural awakening.

The NGUZO SABA (the Seven Principles) represent the "minimum set of principles by which Black people must live in order to begin to receive and reconstruct our history and lives" Kwanzaa begins on December 26 and ends on January l. Each day of Kwanzaa represents one of the Nguzo Saba. UMOJA (Unity) - To strive for and maintain unity in the family, community, nation and race.

KUJICHAGULIA (Self-determination) - To define ourselves, create for ourselves and speak for ourselves, instead of being defined, named, created for, and spoken for by others. UJIMA (Collective work and responsibility) - To build and maintain our UJAMAA (Cooperative Economics) - To build and maintain our own stores, shops, and other businesses

and to profit from them together. NIA (Purpose) - To make as our collective vocation the building and developing of our community in order to restore our people to their traditional greatness.

KUUMBA (Creativity) - To do as much as we can to leave our community more beautiful and beneficial than when we inherited it.

IMANI (Faith) - To believe with all our hearts in our people.

Each day of the Kwanzaa week, the greeting "Habari Gani?" (What's the news?) is answered with one of the Seven Principles accordingly. For example, if it is the fourth day of Kwanzaa, the answer to "Habari Gani?" is "Ujamaa."

Symbols used during Kwanzaa are the Mkeka (straw mat) on which all other items are placed. The Mkeka symbolizes tradition as the foundation of the family and community. The Kinara (candleholder) holds seven candles (Mishumaa Saba). The candles represent the Nguzo Saba; one black, which is placed in the center of the Kinara; three green candles are placed on the right, and three red candles on the left.

Each day of Kwanzaa one of the candles is lit to symbolize one of the Nguzo Saba. The principle for that day should be explained and acted out by the family and/or community. The black candle represents Black people in unity, and is the first one list since it represents Umoja. Family members could play an African game, visit a friend or relative, take a day trip, or prepare and eat a meal together. After

the mkeka has been spread out, the kinara is placed in the center, ears of com (Muhindi) are placed on the sides of the kinara along with other crops (Mazao) which can be placed in the straw basket (Mkoba wa ukindi). Gifts (Zawadi) can be arranged on the mkeka in a creative fashion.

The traditional colors used during Kwanzaa are red (rangi nyekundu), black (rangi nyeusi) and green (rangi kilani). Red represents the blood of our ancestors; black is for our race, and green represents the land, our children and their future.

Creativity (Kuumba) should be present throughout Kwanzaa. Decorate your home using various African cloth, homemade crafts, and African and African American art. Send Kwanzaa cards to family and friends. The seventh day (Imani) brings to a close the Kwanzaa season. The black candle is lit that morning and the zawadi are exchanged. Although children (and most adults) are excited by the prospect of receiving big, expensive gifts, deemphasize cost, and give gifts from the heart.

During Imani, preparations are made for the feast (Karamu) where family and friends gather together and celebrate our rich heritage with song, dance, ethnic foods and traditional clothing. At the Karamu, everyone should come together and recite the Nguzo Saba and explain each principle. Libations can be made in memory and honor of ancestors and in celebration of our first fruits of the harvest for the new year. Zawadi can also be exchanged at the Karamu. Have a safe and enjoyable Kwanzaa season.



Light the black candle on the first day of Kwanzaa. On December 26th, light the black candle in the center of the kinara. You can use the lighting method of your choice, but be sure it's respectful--no lighters with characters or logos on them!



Light the black candle first each night. Each night of Kwanzaa, replace the black candle and light it first. You should be starting with a fresh black candle each night--a single candle won't last seven days



For the second through seventh days of Kwanzaa, light the candles from left to right, with the red ones being lit first. Each day, replace all the used candles and light all the previous candles before lighting that night's candle.

Kwanzaa was an act of L.O.V.E. that gave birth to the seven principles that came to exist. With practical and strategic application of that L.O.V.E. to continue to exist and excel shall we.



We kill because we are being killed

Street Violence

is an obvious manifestation of an Unprincipled, Amoral, Felonious Judical System

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Police - Courts - Correction	Solution States Stat

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