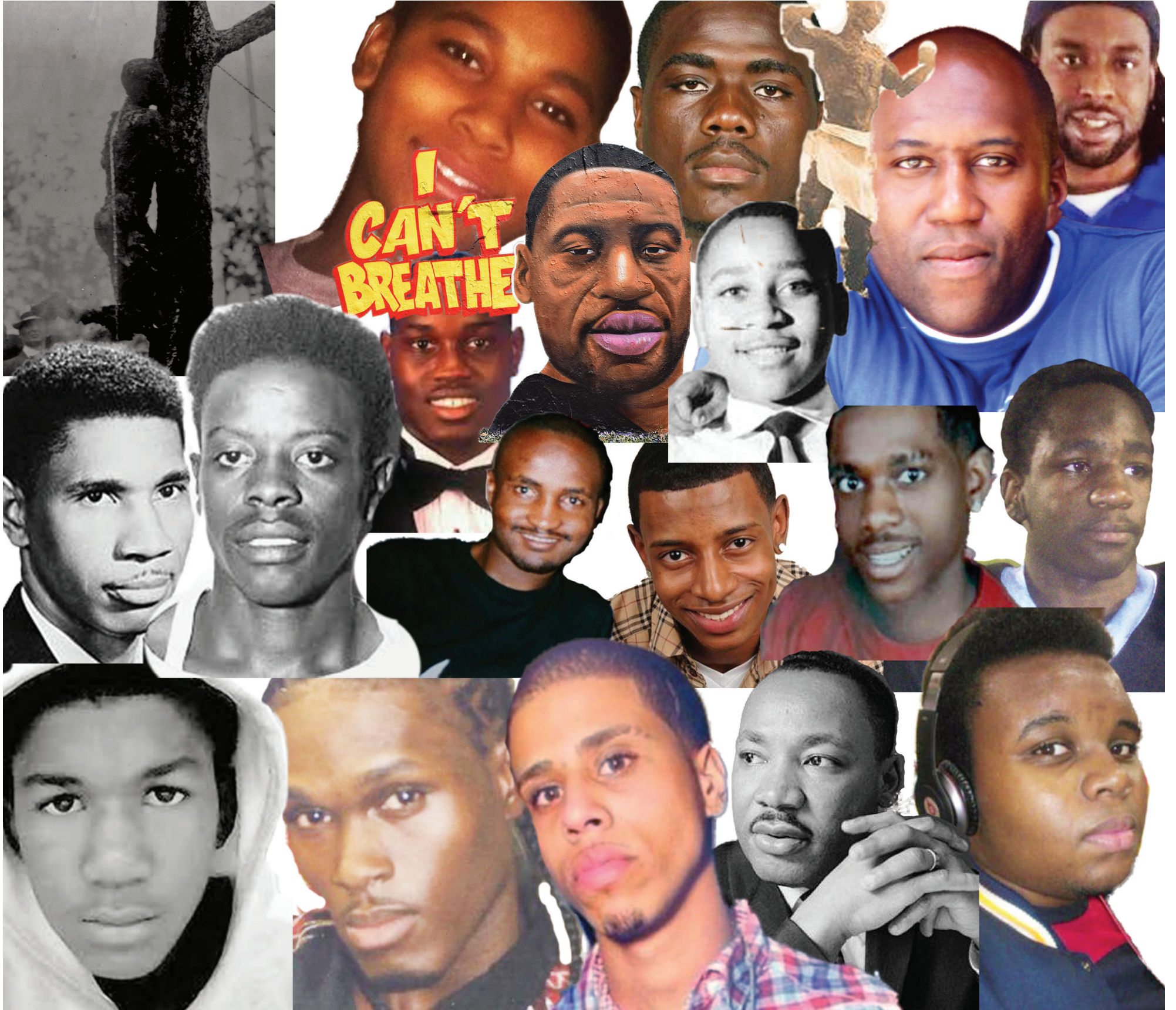


The Nubian News

Loving the Black Perspective

"LOVE OUR BLACK MEN"



El Latino News

En Contacto con la Comunidad

Trenton – Mercer County

If you do not understand White Supremacy (Racism) --- what it is, and how it works --- everything else that you understand, will only confuse you."

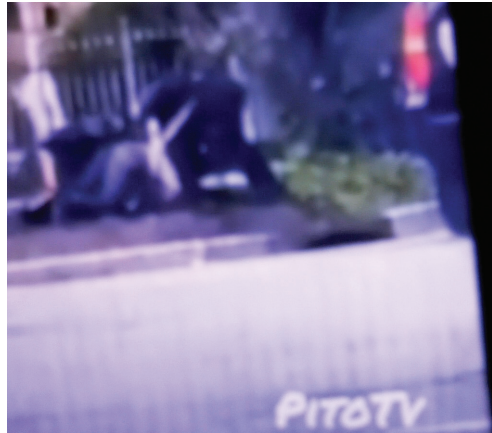
Neely Fuller Jr. [1971]



Man Killed by Trenton Police

No Charges After Two Months

TNN-Stephen Bolceamores. A Trentonian. Call his name. Stephen,



Trenton police wrestle man to ground

the name of another person to call along with George Floyd and others who have been killed by police.

In a scene almost exactly like the murder of George Floyd in, Minneapolis, MN Trenton police pinned Stephen Bolceamores to the ground until he died. At least three officers had their knees on Mr. Bolceamores and kept them there until he passed out and then died.



Trenton police with knees in his back, too late he's probably dead

No charges have been brought any of



the officers involved. Why is the so-called justice system so lax when it comes to crimes committed by police? Why do the police get to murder mentally ill people without any reprecussions? What is it going to take to

As of press time, the New Jersey AG's office is still not releasing details on the investigation of the murder by Trenton police officers of Stephen, a mentally ill man, on April 2, 2020 that was captured on video and circulated on YouTube and Facebook.



a punch is thrown while man is down

During a news conference on the current protests about the police killing of George Floyd on June 3rd, Trenton Mayor Reed Gusciora, the Trenton Police Director and Mercer County Prosecutor declined to answer questions about the case, reason being it is still an ongoing investigation.

The Trenton police department reports that the officers involved, who remain unnamed, have been assigned to desk duty with pay.

Video of the killing captured by Juan Morales can be viewed on his stream

Pito TV on Facebook and YouTube, and at - 'facebook/thenubiannews'

COMPENSATORY-FUNCTIONAL DEFINITIONS

Compiled from "The United Independent Compensatory Code/System/Concept by Mr. Neely Fuller Jr.

Standard-Universal War

The basic-functional relationship between those who practice White Supremacy (Racism), and those who are the victims of the practice [non-white people].

Subversive Activity

(1) Masterful, willful, and deliberate promotion of falsehood, non-justice, and/or incorrectness.

(2) Masterful, willful, and deliberate speech, action, and/or inaction in support of the establishment of, maintenance of, expansion of, and/or the refinement of, White Supremacy (Racism)

(3) White Supremacy (Racism)

Superior Capitalists

The White Supremacists (racists), of the known universe, collectively.

Superior Communists

The White Supremacists (racists), of the known universe, collectively.

Supporter of the United-Independent Compensatory System

(1) Any person, thing, etc., while speaking and/or acting to use truth in such manner as to promote justice and correctness.

(2) Any person, force, etc., while speaking and/or acting to promote the elimination of Racism (White Supremacy).

System, The

The sum total of all speech, and all action, by White Supremacists (Racists), that directly or indirectly dominates non-white people in any one or more areas of activity, including, Economics, Education, Entertainment, Labor, Law, Politics, Religion, Sex, and/or War.

Terrorism

(1) Causing extreme fear

(2) One of the major products of the practice of White Supremacy (Racism).

The Crime of Crimes

Racism (White Supremacy) You can order the digital edition of "The United Independent Compensatory Code/System/Concept online at: <https://www.digitalxpress.shop/product-page/the-united-independent-compensatory-code-system-concept-textbook-counter-racist>

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The Nubian News welcomes letters to the editor of reasonable length. Writers should include address and phone number, which will not be published along with name.

Opinions and positions taken in articles with bylines are those of the writers. The views expressed in bylined opinion pieces do not necessarily indicate endorsement or support.

The Nubian News prints 8,000 copies which are mailed, hand and bulk delivered to each home and business in Trenton, Nj.

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Being The Black Press During CoVid19

The most challenging obstacle during this pandemic other than the death and heartache, has been the callousness of Trenton's City government towards the Black press and by extension the citizens.

The people of this city are being ferociously attacked by an unseen enemy which is causing havoc throughout the community. Instead of the mayor and other city officials supporting and informing the population the best they could, they have chosen to close off a valuable information source, the Black press.

The Nubian News is a Black owned and operated newspaper in the city. We reach into the homes of thousands of Trentonians every three to four weeks with our newspaper and everyday on our website and social media. We have formed good relationships with most of the city's people.

In many respects what people read here they know they can trust because they know The Nubian News cares about them. We are a business but first and foremost we are a news

source which holds our readers up above all else. We would never refer to our readers as 'animals' or to their schools as a 'zoo.'

We don't print the ugly and morbid, we've always tried to tell the positive story of the people, the Black and Brown people of Trenton. We publish in both English and Spanish because we want to involve as many people as possible in Trenton's world. We talk to the people. We go into their homes and we tell them stories about themselves and those they love.

But for some reason Mayor Gusiora and his staff seem to think this Black newspaper is not worth anything to this community. Since this pandemic started The Nubian News has not been included in any of the press conferences or advisories from the mayor's office. The one press conference we did know about and attended was because we happened to call about an unrelated matter.

We have repeatedly given our contact information and asked to be included in any announcements concerning Covid 19. But without any response

whatsoever.

At one point we had scheduled an interview with the mayor but he called about an hour before it was supposed to start and canceled. We were promised a email statement in lieu of, but that never came about either.

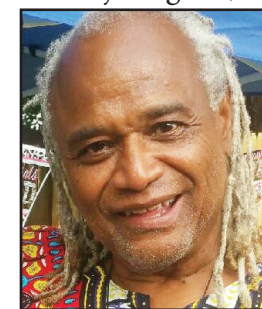
There has been great confusion and dismay about what services are available to our most vulnerable citizens. At first, testing was done in the city but only for first responders. When testing became available for the public it was moved out of the city, even though the city was paying part of the costs.

Many of our readers could not go to this test site because it was a drive up site and they didn't have cars. When walk up testing finally was brought to the city the dates and locations were not published. People didn't know where to go or when. The mayor never notified us what to tell the citizens. We did find out the sites were purposely kept a mystery because there was concern people would just show up wanting to be tested. That

proved to be completely unfounded. This is most frustrating. If it hadn't been for Trenton Health Teams efforts and Mercer County's outreach, we would not have known what was going on in the city and could not disseminate that information to our readers.

We cannot allow our political leaders or anyone else to harm the community for whatever reasons they have. It is their responsibility to care for the entire population of the city. If that means they need to go through Black or other non-white channels, then so be it. It is time for this race based or status quo based selection process to stop. An issue like Covid19 is too important to every citizen to have petty, ugly sentiments reigning free.

By Kamau Kujichagulia, Publisher



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Our Gold

We Honor Delores Frails Mama Dee

“One thing I want in life and that was to go to Africa.” She said with a reminiscing laugh “Oh I wanted to go to Africa. I used to hear all about it, I just was in love with it.” In the early 90’s she made her pilgrimage to Dakar, Senegal. Mandela had recently been

brother. He had served as a marine during the Vietnam War and was well known around the five point area. As with the case of many brothers who went to Vietnam that war took a terrible toll on him.

Little Delores went to Parker Elementary School. “When it was time for me to go to junior high school, I was so looking forward to it because I always heard about the new Lincoln School.”

o n Washington came in 1963 she and her aunt took the bus down. “That was quite an experience. I pray we could be together like that these days. That was one of the most wonderful experiences of my life. The I Have A Dream march. I remember of group of movie stars passed by” It is such a privilege to talk with our

Black culture.”

After that we started a Black theatre group, Superbad Drama Company. Brother Osei Omawali got together a number of aspiring actors. “oh it was wonderful. I loved it.” She throws those three words around so loosely. It infects you, “I love it”.

With the mention of Oamwali the conversations turns to The African Peoples Action School (APAS). “Oh I love APAS, don’t remind me, they closed that school down,” she said with a touch of love and pain. “I volunteered over there for years. I used to sew and everything over there. I used to love that school. I’m so sorry they had to close it down. Oh my God, that’s what we need, in a nutshell.”

She has always been involved with the Black movement. “I loved it. Right now I’m in love with Al Sharpton. That’s my man,” she says with a laugh. She loves Africa. She didn’t know much about Africa until the 60’s. Her husband had a friend, Alex Levine, who would come to the house always talking about Africa. Alex traveled on merchant ships and traveled to many African ports and love it. “That’s how it rubbed off on me. I loved his stories.”

“Another of our friends, Trina, came to our home and she was wearing an afro. That just wasn’t done. We never thought we could wear our hair natural. I fell in love with it. I immediately got my hair like that. And you know people when they saw me would laugh in my face.” A couple years later everyone was wearing an afro.

When did you meet Mr Frails?
“I met him in 1960. He was from New York. I met him over my cousin’s house. I went in there one day and there he was.” she says with a chuckle. “That was a good part of my life. He would take me to New York, he was a jazz fanatic. We’d go to all the high spots like Birdland and we had good, good, good times.”

Thanks Mama Dee for sharing. For the complete interview please go to our website www.thenubiannews.com - cause there is so much more to this wonderful life story.

We honor our Elders

Each issue The Nubian News will present a valuable member of our community who is ninety years old or older. Those who have raised us are a wealth of knowledge, understanding, insight and love. Their works and sacrifice have gotten us where we are today. It is their shoulders on which we stand. Let us never forget from whence we come and who we represent in our lives.

released and on her way home at the airport she spotted Jesse Jackson. Of course she loved Senegal and talking and taking pictures with Jesse was icing on the cake.

For so many of us Mama Dee has been an inspiration and mothering force in our lives. Her real name, Delores Frails. Hall is her maiden name. Mama Dee has been in Trenton all her life, having been born in Mercer Hospital on April 11, 1934.

She grew up in North Trenton on Vine St, where she lived with her father and his second wife. Her mother having died when she was very young. Her dad, Pat Hall was known as the Pinochle Man. I told her I used to enjoy a mean game of pinochle but I don’t think I was in the that league.

She remembers going to church with her mother, passing by a brand new

Do you have a loved one you want to share with the people of Trenton? We invite you to submit the name of your Great Gold by contacting us at Gold@thenubiannews.com. We’ll do the rest.

Grant School while skipping over the lines. She also remembers her father “holding me over the casket” at her mother’s funeral when she was only three.

Richard Bronner (Bozo) was her half



Then a look of disappointment came into her eyes. “Then the year I was supposed to start there, was the year of intregation. It hurt me so bad, I had to go to Jr #4.” Jr#4 was a mostly white school. That’s a big difference from what she had been expecting. She went on to Trenton High School. She didn’t graduate but she got her GED.

Even back in the 50’s she was a Black Freedom Fighter. Watching the civil rights struggles on TV she wanted to go down south and join in the fight. When SNCC opened a chapter in Trenton she joined and marched and protested in Trenton and the surrounding areas. When the March

golden ones, because as they remember you can see their eyes go back through the years. You can see the joy and the pain of those times gone by in their faces and especially in their eyes.

Always a conscious Black woman she got involved with the organization We The People. They protested some of the mess that was going on in Trenton, like the building of the current police station in a predominantly Black neighborhood. After that she helped get the Black Cultural Center on Brunswick Avenue opened. It didn’t stay opened more than a few years but “it was a nice place to learn

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Our heroes don't wear capes, and their faces are often hidden behind masks. **DURING NATIONAL HOSPITAL WEEK**, we want you to know who your heroes are. Be on the lookout for lawn signs in your neighborhoods that tell you where our heroes live. When you see one, thank him or her for providing compassionate care and expertise you can count on when you need it most.



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FELICITACIONES A LOS GRADUADOS 2020

Por CARLOS AVILA

TRENTON-Frente al flamante edificio de la Trenton Central High School,



se han colocado un centenar de pancartas con la fotografía de los recién graduados de la escuela TCHS. Jóvenes hombres y mujeres que son el presente y futuro de esta ciudad, culminan una de las etapas más maravillosas de su vida. La iniciativa de publicar y resaltar este logro académico de esta manera, se realiza por que no hay como reunirse en vivo y en directo por la emergencia de salud pública

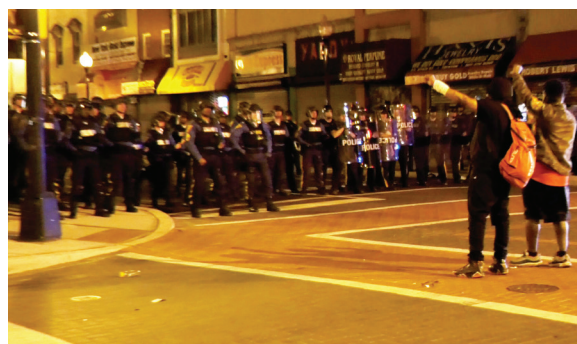


del COVID-19 que vive actualmente el país y el mundo entero. Por el bien de su familia, de la sociedad y el suyo propio es de esperar que todos estos jovencitos, busquen ingresar en la universidad y estudios superiores para ser buenos profesionales en distintas disciplinas. Felicitaciones a los padres y madres de familia que sin su apoyo no habría sido posible alcanzar este objetivo. Felicitaciones y éxitos en sus vidas.

Marcha pacífica se tornó violenta y negocios fueron saqueados

Por CARLOS AVILA

TRENTON-Una marcha que inició pacífica en la tarde del 31 de mayo, se



convirtió en violenta en la noche del domingo en Trenton.

Las redes sociales mostraban a vehículos de la Policía quemados y por otro lado decenas de jóvenes saqueando negocios, licorerías y tiendas de zapatos deportivos en el

centro de la ciudad. Con estos actos de saqueo y violencia Trenton se une a otras tantas ciudades y pueblos de la Unión Americana que protestan enojados por la espeluznante muerte de George Floyd en manos de policías de Minneapolis. Piden se haga justicia y prometen no descansar hasta alcanzar que todos los policías que participaron sean arrestados con cargos por la muerte de este hombre afro estadounidense que ha hecho

que en Estados Unidos el problema de la pandemia quede rezagada por el momento. La situación que ha originado estas protestas es crítica, varias personas han fallecidas, en varias ciudades incluyendo Filadelfia.

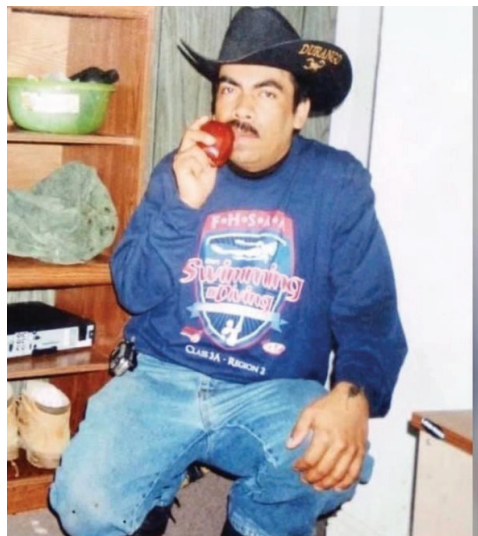
Al cierre de esta edición en Trenton y otras ciudades de Nueva Jersey se



mantiene un toque de queda que se extiende desde las 7PM hasta las 6AM. Proprietarios de negocios condenan actos vandálicos y exigen a las autoridades locales mayor seguridad en las calles y avenidas de la ciudad.

Historias dramáticas de inmigrantes durante la pandemia COVID-19

TRENTON-The situation of thousands of immigrants has been horrible to say the least during this pandemic. Hispanics unemployed, uninsured, unable to pay rent and hundreds of cases unable to send the bodies of deceased relatives, to their countries of origin during this pandemic.



Marvin Matias Veliz (39), he is a Guatemalan girl like so many other Latin Americans who have had to lay off a loved one in times of coronavirus. In the city of Trenton and the world everything has changed, until the funeral, one of the most important rituals in the life of the human being.



Marvin gardener by profession, lost his brother Alberto Veliz (48) who suffered from diabetes and overweight, worked washing cars and the first days of the month of May fell ill and had to go to the hospital, but unfortunately the second day, the hospital reported that Alberto had died.

"My brother Alberto died Saturday in hospital Capital, suffered from diabetes and was fat, now would send the body to Guatemala, but do not know how. We need information," Marvin said in an exclusive interview with this medium.

Marvin had no idea what going funeral, did not know the procedure

the repatriation of the body to Santa Rosa-Guatemala.

Kyle Ledford, funeral home owner Ledford located in South Trenton, explained the new procedure should be done and the costs of the funeral.

"The one option is to make a brief funeral ceremony with this body which could not attend more than 10 people for half an hour and then transferred to the local cemetery for the burial of his remains. The other option is cremation and later sent an urn containing the ashes to his homeland. Costs are approximately 5,000 US dollars and 2,000 US dollars respectively," Ledford said.

That was when Marvin learned what steps should do and how much had to meet to pay for the funeral of his brother.

No doubt this information caused surprise Marvin, a time here, what used to do to dismiss a loved one had completely changed. There would be no Mass or prayers, no money.

Marvin had no savings how little gardener earns is not enough to cover expenses alone had no choice, I choose the second had to meet two thousand dollars and was forced to ask for financial assistance to the community.

"My brother was good, he was hard-working, but this of the COVID-19, no longer worked for two months. The 'carwash' where he worked closed and hardly had to eat," Marvin said. With the help of this medium, a video was made and called for solidarity to the community who spare no effort to help each other.

"Don Carlos, with the video that you did, people started to help me greatly. Everywhere they came and sent their collaboration. Money is together and is already paid. We're just waiting to open flights to send the urn with the ashes "Marvin told the time that he also offered to help at the time that some fellow or other community goes through a similar situation.

Marvin also said he and other members of his family living in Trenton had symptoms of the COVID-19, but ultimately overcome and already today and feel good.

Mercer County to the closing of this edition there were 6,544 positive cases of COVID-19, of which 2,518 are from Trenton. They add 559 dead throughout Mercer County (Source Wikipedia).

EL CUMPLEAÑOS DE CAMILA

Por Carlos Avila

TRENTON-El cumpleaños de los



niños siempre será un motivo de celebración familiar. A pesar de la crisis económica y la pandemia,

hemos podido ver que muchas familias se han dado maneras para no dejar pasar por alto la celebración de cumpleaños de los niños; sobre todo hoy en día que nos damos cuenta lo vulnerable que somos y que debemos cuidar la salud y la vida sobre todas las cosas. Los esposos Cindy y Fernando Toro enviaron algunas fotos para que les comparta y juntos celebramos el cumpleaños #1 de su preciosa niña Camila.

"Es una niña muy alegre e inteligente. Sus bisabuelitos y tía vinieron de sorpresa en carro y celebraron desde ahí para mantener la distancia física" dijo la joven madre muy emocionada. Esta nueva forma de celebrar los cumpleaños, sin duda permite reunir a la familia con cierta prudencia, y a la vez sembrar esperanza en tiempos de tristeza. Felicidades Camila que Dios bendiga.

COVID-19 Protect yourself and loved ones

Help prevent the spread of respiratory diseases like COVID-19

- WASH YOUR HANDS**
Wash your hands with soap and warm water regularly.
- COVER A COUGH OR SNEEZE**
Cover your cough or sneeze with your sleeve, or tissue. Dispose of tissue and wash your hands afterward.
- DON'T TOUCH**
Avoid touching eyes, nose or mouth, especially with unwashed hands.
- KEEP YOUR DISTANCE**
Avoid close contact with people who are sick.
- STAY HOME**
If you experience respiratory symptoms like a cough or fever, stay home.
- GET HELP**
If you experience symptoms of COVID-19 (cough, fever, shortness of breath), call your health care provider or local health department before seeking care.

MORE INFORMATION
Follow the California Department of Public Health:
@copublichealth and www.cdph.ca.gov/covid19

CDSPH

SOLIDARIDADEN TIEMPOS DIFICILES

TRENTON-María Zetino, es una madre de familia que necesita de nuestra solidaridad. María trabajaba limpiando casas, pero su hijo quien es especial, en un momento de crisis, le

médicas. También lucha contra la diabetes durante esta pandemia, al mismo tiempo tiene que cuidar de su hijo que a veces tiene crisis. Sin duda habrá personas de buen corazón que



fracturó su brazo y tuvo que hacerse una operación. María no tiene mayor ingreso desde que está desempleada, tiene que pagar algunas facturas que están atrasadas, sobre todo las

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Business Card Directory



We are building a Directory of Businesses in the Trenton area which will provide a resource to market your business in our city. It costs \$20 per issue to place your business card (plus \$5 for color). We need to organize and publicize what we do, why we do it, who does it, where we do it and how well it is done. Space is limited. Only \$20 to reach the 84,962 citizens of Trenton.

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RELAX ON THE PLAYGROUND OF THE RICH AND FAMOUS

Nubian News Book Review

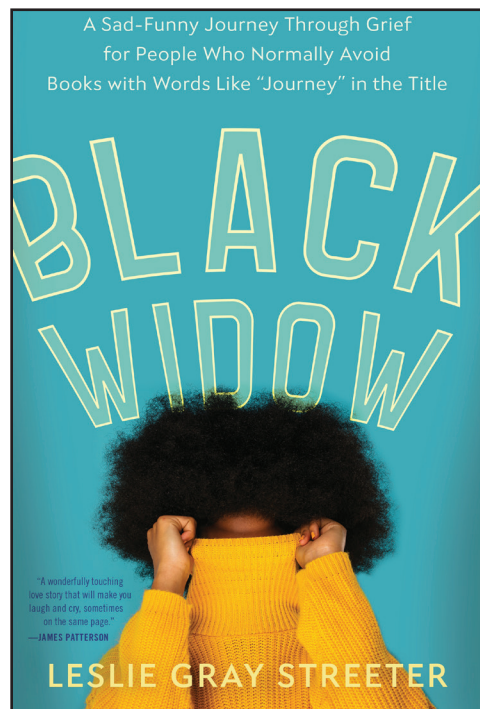
BY TERRI SCHLICHENMEYER

“Black Widow”

by Leslie Gray Streeter
c.2020, Little, Brown
\$27.00 / \$34.00 Canada
263 pages

You find yourself spinning, spinning, spinning.

When you lose someone, that's how it feels: like you're spinning in place, you can't think or understand, and



there's a time limit, as if you're in one of those game show Cash Machines and you can't catch a thing. You can barely fathom that, as in the new book “Black Widow” by Leslie Gray Streeter, it will get better.

They were not childhood sweethearts. They were, however, in the same graduating class: Scott Zervitz, the tall, white, Jewish dude that knew everybody; and Leslie Streeter, a quiet Black nerd who spent part of middle-school overseas. She sat behind him in one class, and that was their only connection – although she remembered that he was cute, and he told his friends that he really liked her.

Twenty-some years later, they reconnected over a class reunion. He happened to be living a half-hour away from her Palm Beach condo and, well, one thing led to another. She resisted, though, clearly stating that she was a celibate-until-marriage kind of girl.

That didn't faze him.

He was a keeper.

They married, their families embraced their differences, he was looking forward to a new job, and they were in the process of adopting a baby boy. And then, in the middle of “making out” one night, Scott abruptly died.

Remarkably, Streeter held herself together in the following days, but barely, and with an oceans' worth of tears. Of those hours, she says, “timelines keep slipping” and there are things she doesn't remember and can't tell. But someone suggested once that while making new memories with Scott is no longer possible, talking about him would let him “live on in those stories with... new people.”

And so, she shares...

She writes of his love for the Baltimore Ravens, his passion for sports memorabilia, his solidness, and his easy self-assuredness. He was a fan of 1970s TV. He was calm. He was “smart, and that was super-hot.” He



was romantic. He was generous.

He was loved.

Okay, so here's the thing: that box of tissue you brought with you? Once you get about mid-book, don't put it away. Keep it around because, while “Black Widow” will make you laugh sometimes, your eyes will leak a lot, too.

But yet, this book isn't all touchy-feely-teary. Author Leslie Gray Streeter tells her story with a sense of humor that seems to appear because she's had the time to find it, which could be of comfort to widows who need to know that that can happen. Because she so keenly recalls the kind of details that are often lost in a fog of grief, Streeter's sometimes-profanity memories add textured richness to this tale, as well as a knife-sharp view at the process of getting through. Readers will love that intensity. New widows will appreciate the wisdom.

At the risk of spoiling, there's a sweet ending to this love-letter that you need to see, so stop spinning. Start “Black Widow,” and it won't take long to be caught in its web.

What Violence? I Ain't Seen No Violence

BY AL ALATUNJI

Maybe it is me but I have been confused and puzzled by media reports of violence taking place in city streets across the nation recently. I ain't seen no violence.

I have seen pictures and images of primarily young Americans of various colors and races shopping and attempting to open back up the economy. What I saw were stores and businesses that had been closed for weeks and months now opened for business and shoppers who have had all that pent up energy to acquire things doing just that. Is that not what the village idiot has been urging to see happen the last few weeks. “We need to reopen the country,” he has said several times.

Young people in Los Angeles, Seattle, Philly, and various other cities including Trenton did just that and went on an extended shopping holiday. But now you have others complaining, shaking their heads and spinning like tops talking about acts of violence and destruction of property. Like I said, I ain't seen no violence.

But, I did see a murder. I saw a Black man who was unarmed with his hands behind his back in handcuffs faced down on his stomach. One man had his knee on his neck and two other men had knees on his body. A fourth man stood either in a trace or serving as a look out. All those involved with the exception of the Black man in handcuffs, wore uniforms; police uniforms. Because there was audio with the pictures, I could hear the man in handcuffs plead for the officer with his knee on his neck to remove his knee because he could not breathe. He repeated the plea several times, but the man with his knee on his neck did not move. He keeps his knee on the other man's neck and seems relaxed and unfazed as if he was fishing or doing a crossword puzzle. It went on this way for around eight minutes or more. The Black man continued to plead for the officer to remove his knee from

his neck so he could breathe. He said several times that he was dying. But the officer kept his knee on his neck while the other officers kept knees on his body. The fourth officer remained standing in a daze. After a while the man stopped pleading and made no sound. The one officer kept his knee on the man's neck for at least three minutes after the man made no sound.

I thought what I had seen was murder, a cold blooded murder. But apparently I was wrong. I had not seen what took place minutes prior to the video. I had not seen what had taken place an hour before the video. I had not seen what took place two days prior to the video.

According to some people, I did not see a murder. And for all too many people in this country, it will never be murder.

By the way, the name of the Black man who was murdered is George Floyd. He was 46 and worked at a restaurant. He played sports for years and was known as a gentle giant. Friends said he was a pretty good basketball player.

His was just the latest of a long, too long list of Black men and women murdered by the police.

NBA and NFL players taking the lead from former San Francisco quarterback Colin Kaepernick attempted to have America see the violence and murder in a string of senseless state-acted and sanctioned Black deaths at the hands of the police. They took knees during the playing of the national anthem to bring attention to police abuse and murder. But the government leader, the village idiot, his vice village idiot and so many more, refused to acknowledge the concern raised by the players and others.

During the last few days cities across the US have been burned and looted. People are falling over themselves to condemn what they are calling violence and rioting. However, just like those who did not see George's murder, I ain't seen no violence.

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Addiction, Homelessness, and Testing Positive For The Coronavirus

By EDNA ROMAN

The following is an interview with Barrett Young, the Chief Operating Officer of The Rescue Mission of Trenton. He shares the collaborative efforts made to assist the homeless population and those who tested positive for Covid-19.



TNN: What procedures were implemented to ensure staff and client safety?

Barrett: In the first week of March, urgent, crucial and frequent conversations began between Dr. Eric Williams, Medical Director of The Mission, Mary Gay Abbott, Young Chief Executive Officer, and myself. With the pandemic on the verge of flaring up, how could The Mission keep the 150 people on average who stay at The Shelter, the 85 people in The Behavioral Health Unit, and the 90 plus employees at The Mission safe, while providing all the services to our clients, three warm meals a day, and place to sleep? In our Behavioral Health Unit, where clients seeking recovery receive individual and group counseling, as well as medical care and vocational guidance, everyone resides in one building; but the staff, of course, come and go in shifts. Meanwhile in The Shelter, while many of the homeless individuals stay regularly, others are transient, which created its own set of safety concerns with the virus impending. Informed by the Centers for Disease Control and Prevention, federal, state and city guidelines, our medical director Dr. Eric Williams, the Henry J. Austin Center, St. Francis Hospital, and Capital Health Hospitals, we implemented a plan in the second week of March. We created rigorous protocols. Temperature screening became imperative for anyone entering the buildings. Everyone needed to wear masks. Hand washing and sanitizing became a continual ritual. Possessions had to be cleaned each time someone came into one of the buildings. All surfaces were sanitized before and after meetings.

Meeting rooms had to be rearranged to accommodate social distancing. Group meetings had to become much smaller than before. Family visits and volunteers were halted. And the residents in the Behavioral Health Center were no longer allowed to go out for medical appointments, counseling sessions, job interviews, or employment. All clients continued to receive their individual counseling services and case management session. In our Behavioral Health Center, telehealth appointments were created with the Henry J. Austin Health Center, a federally qualified health clinic, and mental health counseling sessions through our licensed community partners. Each of those telehealth conferences is conducted in an area where the individual has complete privacy. We also arranged for clients to have family visits on Skype, which clients could schedule at reserved times. Meanwhile, every staff member who enters the buildings has to complete a screening questionnaire to make sure they are following Covid-19 guidelines and do not have any concerning symptoms. As Dr. Eric Williams, the Medical Director of The Mission, explained. "The message we kept repeating to everyone in The Mission was, 'I do not wear a mask to protect myself. I wear a mask to protect my neighbor. And my neighbor wears a mask to protect me.' We were trying to convey the concept that it is not about just protecting yourself. That belief system can cause some people to be in denial and think that they will somehow stay immune. Instead, it is about being in it together. We can achieve great things when we pull together and become a community. TNN: Were the staff and clients provided personal protective equipment? Barrett: At each step of the way in this uncharted territory, we followed CDC guidelines, of course, counseled by Dr. Williams. And while personal protective equipment was scarce and difficult to come by, we were blessed by so many people and organizations that reached out to us and donated equipment as well as sanitizing products. As one person who donated said, "I didn't know how to sew before. But I learned how. Because at least that way I felt like I was doing something to help our frontline workers who were putting themselves in harm's way to serve those who are in most

need and most vulnerable." We established a hotline with the emergency room physicians to advise us what to do any time we had a concern with someone showing symptoms. In the shelter, we frequently had to call about someone with concerning symptoms. Most of the people did not require an emergency room visit. Still, we leaned toward the side of caution. In the shelter, we were operating with very fuzzy data, as Dr. Williams called it. In such situations, we did not have anyone's medical records to help inform us. We had to act judiciously.

TNN: Did anyone test positive?

Barrett: In our Behavioral Health Unit, a client tested positive about a month ago.

TNN: Were the clients and staff members tested for the Coronavirus? Barrett: That individual was isolated from the community. Then, numerous meetings were held with city, county and state officials, who finally agreed to allow us to test everyone in the Behavioral Health Unit, not just those individuals who were symptomatic (which was the initial model). Within five days, we discovered that five individuals tested positive, although none of them were symptomatic at all. A separate wing of the building was immediately partitioned off to keep those five individuals isolated from everyone else. And during their 14 days of quarantine, none of them suffered symptoms.

TNN: Did the Rescue Mission collaborate with other local agencies, state, county officials or hospitals to provide services or a quarantine shelter for the homeless population? If so, what was implemented?

Barrett: In early March, we sounded an alarm about our concerns to our partners at Capital Health and Henry J. Austin Health Center, as well as the City of Trenton and the County of Mercer Department of Human Services. This group expanded to include the Trenton Health Team, Home Front, and the Trenton Area Soup Kitchen. After several weeks of tirelessly working together, the result is the creation of temporary shelters in Trenton for homeless individuals with Covid-19. Through these collective efforts, the City opened a facility on Perry Street for homeless individuals who test positive but do not need hospitalization. That center is staffed 24 hours-a-day, with telehealth medical services available. Meanwhile, as always, we will be here to provide those who are homeless with food,

shelter, dignity and hope. Of course, after any individual is medically cleared to leave one of the Covid-19 targeted shelters, they will be able to return to The Mission's shelter.

TNN: Were the clients open to treatment and assistance when, and if, they tested positive?

Barrett: I'll share with you the story of one of the clients. He said, "Since the beginning of March, the administration here has taken the situation very seriously and made us all feel very safe. So, when I was tested, to tell you the truth, I really wasn't concerned. Then when the results came back and they told me I tested positive. You could have knocked me over with a feather. I didn't feel any different then. And I didn't feel any different for the entire 14 days I was in quarantine. I wasn't really worried. Maybe I was in denial. But I felt safe and well. As did the other four guys who were quarantined. They had us at one side of the facility. Closed off from the rest of the house. I had a room to myself. They fed me well. I exercised a lot. Was able to stay in touch with my family. Spent time getting to know the other four guys. And had time to think about what I'd learned in my time at The Mission."

TNN: With the uncertainty of the current Covid-19 crisis, how has the pandemic changed or impacted the services that the Rescue Mission provides on a regular basis?

Barrett: As I shared, in a very short period of time, we have had to seek the advice of experts, consider our options, and make decisions on a dime. Working closely with people at a social distance presents many challenges. And, at least, until there is a vaccine, we are going to have to continue adapting to these changes. In the meantime, consider one of the individuals who completed our recovery program five months ago. He's been attending self-help meetings, getting counseling, living in one of our permanent supportive houses, and had a full-time job until he was laid off because of the pandemic. He wasn't working long enough to collect unemployment. What's next for him? He was just rebuilding his life. And now, he's worried that everything could be lost. How can we help him stay safe, focused and hopeful during this pandemic? How can we help him believe that this too shall pass? Do we still believe in him? Even when he starts to doubt himself and lose all hope? We chose to believe so. That's why we're here.

Haitian Heritage Month

BY AL ALATUNJI

On May 18, 1803, revolutionary leader Jean-Jacques Dessalines, tore up a French tricolor flag and stitched together Haiti's first independent flag. The following year, he led the first



Since acquiring freedom from enslavement however, Haiti has survived many devastating blows. From yearly natural disasters, outbreaks of disease, political corruption, and a suffering economy,

Haiti had been backed into any extremely cramped corner.

Although Haiti is within arms reach of the US, the US has done little if anything to lighten Haiti's load. In fact, the US has done the opposite and has only added to the island's suffering. For a number of years the US government aided in securing the power of Papa Doc Duvalier who robbed and raped the island nation of large sums of money for personal enrichment. The US did not have any

successful Black slave revolt in history, and Haiti gained independence from France to become the second country in the Western Hemisphere, after the US, to free itself from colonial rule. Ever since, Haiti has been an inspiration to nations around the world.

"For our country, For our forefathers, United let us march." is the first sentence of La Dessalinienne, the Haitian National Anthem, which serves as a symbol and constant reminder of the pride within Haitian heritage and the country's grueling fight to freedom.

Haitian people accomplished the only instance of a successful slave rebellion in world history, which would lead to the establishment of the first black republic. The Haitian Revolution even served as influence for many other countries and continues to be a landmark in the history of abolition. A ragtag force of slaves managed to unify Haiti, defeat Europe's most powerful army, and become the first country in Latin America to gain independence.

problem with the fact that Duvalier was a corrupt a dictator because he was supposedly an anti-communist. The Haitian people would later elect Jean-Bertrand Aristide as President. Aristide was overthrown by the military with the assistance of the CIA and other US forces. Aristide was felt to be not anti-communist enough and like popularly elected governments in the Caribbean and South America, which were not anti-communist, was undermined and overthrown.

However, as a proud Haitian once stated, "Everything about Haiti is a symbol for how much strength runs through our blood. Our red and blue flag represents the hardships we were able to face to gain our independence with our own hands. Our food is amazing, our music is a blend of all types of influences and our culture runs deep."

The Nubian News recognizes and appreciates the contributions and achievements of Trenton's growing Haitian community and celebrates Haitian Heritage Month.

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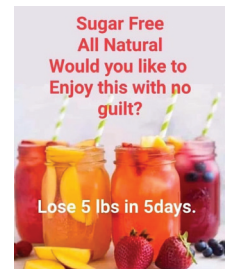
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What's Happening

A Positive 2020: Trentonian Graduates During Pandemic

BY SY BRYANT BROWN

Four years ago, I was reacquainted



time. Gladly, our Praise report is that her mom, a Pink Warrior, is doing well. Makeda who was eligible for a Healing Stream Scholarship, hasn't skipped a beat. We're proud to report that her success has continued on and off campus. Now a Ewing, NJ resident, Makeda decided to attend Dickinson College, a private liberal arts school in Carlisle, PA, before graduating from Stuart Day Academy. In addition to studying stateside, she studied abroad at the University of East Anglia just north of England in her junior year. She has earned a BA in American studies.

via cancer with a Trentonian whose family I've known most of my life. The cancer played a main role in both our lives. However, this time around our meeting was BEAUTIFULLY PINK POSITIVE.

I am associated with an organization called The Healing Stream Breast Cancer Organization. We had our first scholarship event that awarded recipients of a student who has an immediate family member or who is directly affected by cancer. Student Makeda White's mom, Roxanne McElroy White, is waging a battle with breast cancer a second

year. She has earned a BA in American studies. As of May 2020, present days grad and their families have to improvise when it comes to celebrating graduations. Like many others, the Whites held a "Honk and Wave Parade". The Healing



Stream was right there on a beautiful Sunday afternoon to share in the glee of family and friends. The parade was a complete surprise to



Makeda. Decorated cars, cruised by Makeda and family at their home and honked horns and flashed their lights. Along with bystanders drivers waved, cheered, clapped and shouted congratulations. Most folks did wear masks when they dropped off tokens

of love and gifts and snap pictures. The pride lasted for hours.

Makeda continues her part time intern work study job for New Jersey State Athletic Control Board with hopes of a full time post.

On a professional musical note, Makeda has performed with her college's acapella ensemble the Crescendevils. She plays guitar and sings individually as Indigomak. Her EP, Genesis, is currently accessible

on major platforms such as Apple, iTunes and Soundcloud. Going forward Makeda/Indigomak is pursuing a masters degree in Ameri-

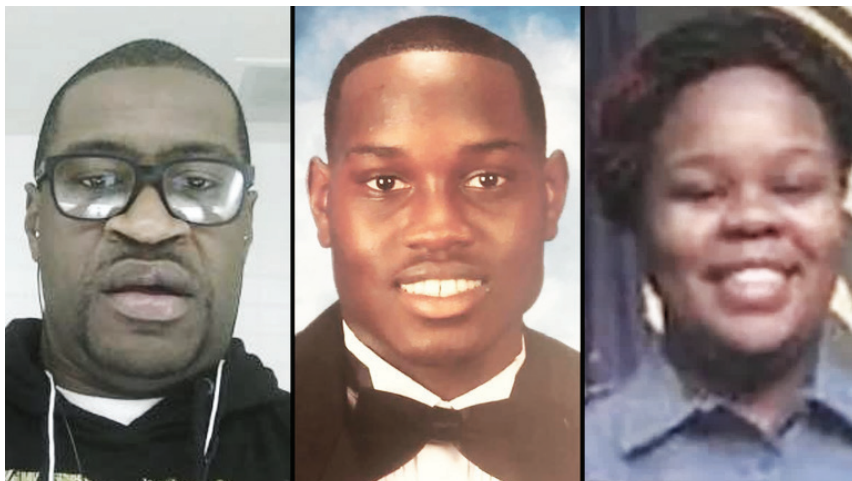
can studies. She continues to write, produce, and perform music. And as the saying goes, "Trenton Makes. The World Takes." Look out world here comes Makeda/Indigomak.

"For George and . . ."

You learned it from somewhere, to spew such hate; to kill George, not with your hands but with your knee; not just one but it took four cowards to do this murderous deed... to keep your hands in your pocket or to turn your face the other way; I know you heard him when he said he couldn't breathe, we all heard him!

We all stand up for George! Don't think we didn't see you! The lies they say, we don't believe, it was all too clear

for the entire world to see; to hate your fellow man is to hate yourself...I



know justice for George will prevail no maybe not here, the evil is real...I

TRUST GOD won't let you get away; His wrath you won't be able to escape; blessed is he who finds a wife but she left you just that quick, the blessings will be stripped one by one...the physical blessings will be gone til your standing with nothing at all...you will sit with yourself, that evil self... spewing hate for others when it's clear you really hate yourself; George will always be remembered, we stand together for George!

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