

The Nubian News

Loving the Black Perspective

Lisa Thomas-Laury



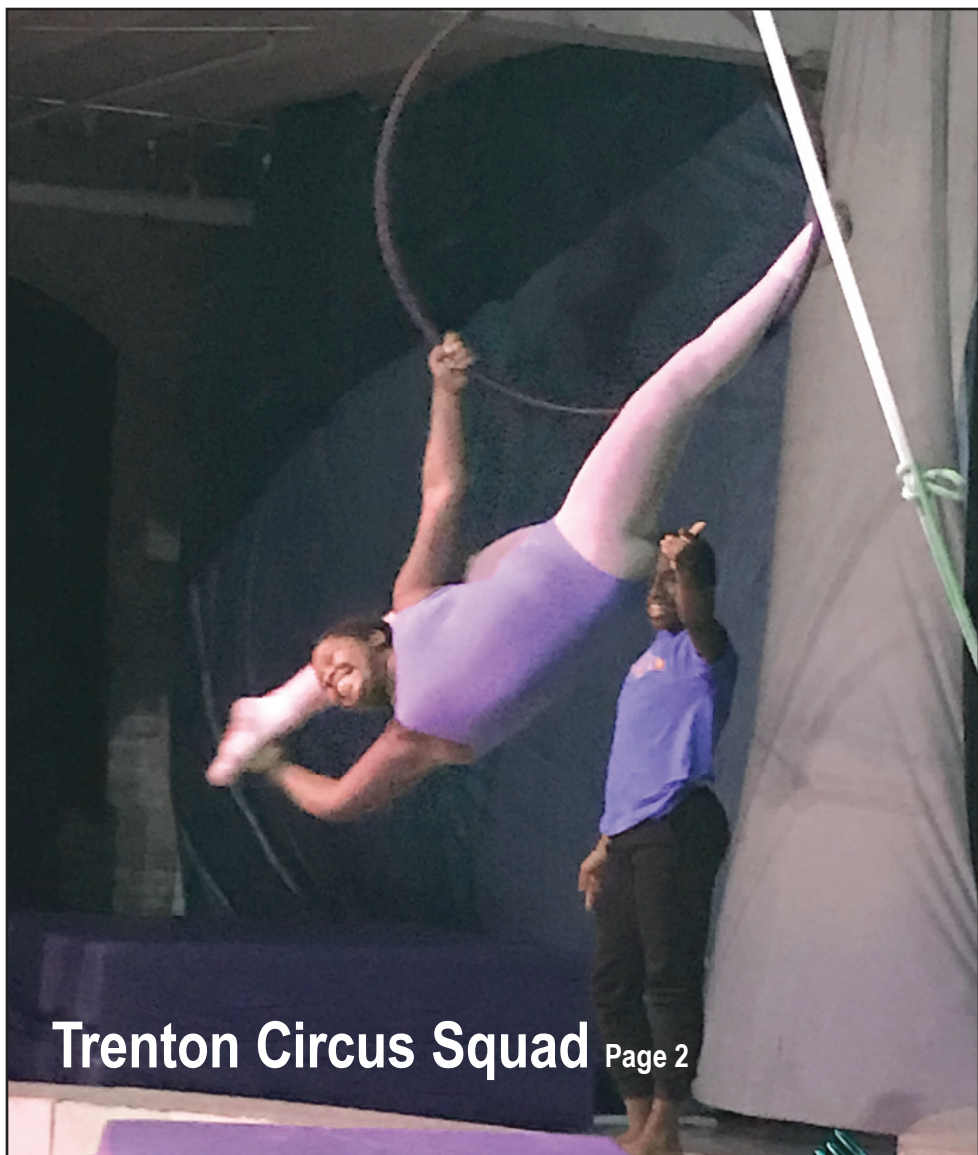
On Sunday, March 24, 2019 In Celebration of Women's History Month The Ivy League Educational Foundation, Inc. in conjunction with Alpha Kappa Alpha Sorority, Inc., Epsilon Upsilon Omega Chapter in partnership with The Village Charter School presented "A Dialogue and Book Signing with Lisa Thomas-Laury".

Ms. Thomas-Laury was one of the first African American women to anchor TV news in a large U.S. city. Her book "On Camera and Off: When the News Is Good and When It's Not" details some of the travails and events she went through during her time as a Philadelphia anchor and reporter.

In the picture Lisa Thomas-Laury (L) answers questions from Angela Dodson and the audience.



Advancing Justice Student Awards held at Lawrence Library, sponsored by Campaign to End the New Jim Crow, 4/2/19 Pictured: First place winner Ricardo Lopez and Patrick Hall, founder of the Campaign to End the New Jim Crow - Picture by Karen Kaptures



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Trenton - Mercer County

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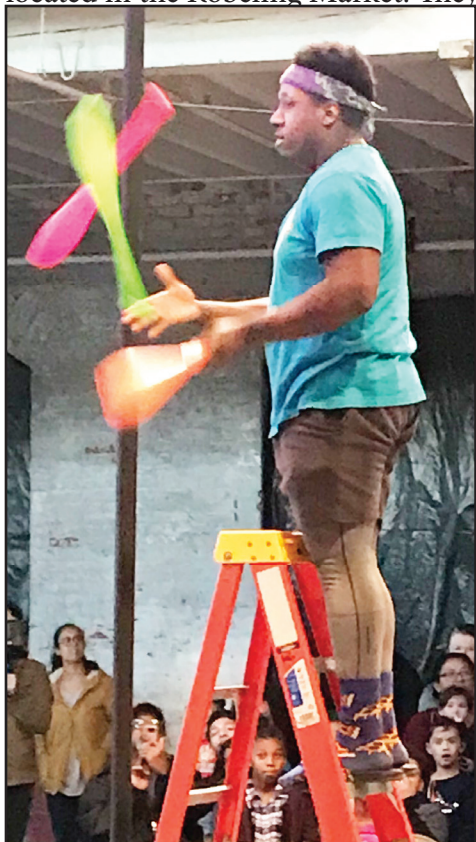
Trenton Circus Squad

BY TANGELA WRIGHT

It started as an online contest that my friend entered and invited me to as her plus 1. It was a Saturday outing and upon my arrival I was met by an awesome hostess who had all the information together to the left of the entrance. To the right, was the mouth watering smell and bags of cotton candy and fresh popped popcorn. Who doesn't love the circus.



music and sang along... "24 karat magic in the air..."; Bruno Mars. I looked around the room at all the faces, families, children and groups all under one roof getting along and being neighborly and it felt good. Everyone gets quiet as the lights dim and the housekeeping rules are being given. You notice that the show is run by young adults giving each other direction and encouragement as the show starts. Stilt walking, juggling, unicycle riding and many other great acts follow. If you haven't seen the acts for yourself, make some time and take your family to the "Greatest Show In Trenton". The Trenton Circus Squad is located in the Robeling Market. They



have free workshops for ages 6 to 11 that will be starting on April 18th. The age 12 to 18 Spring Session starts March 25th. For more information contact bradd@trentoncircussquad.org

I walked around to observe the seating and the faces in the crowd. Everyone was waiting anxiously for the show to start when I noticed a young man who looked familiar. I looked again but didn't want to stare because that's considered weird. "Why...", I thought, it was "Caleb Missouri", a young man I know. Apparently, his interest had been sparked while taking some of the free sessions that his mother found for him happily happened to aide in solving a mystery that he wanted to uncover. I asked him what he loved about being a part of the Trenton Circus Squad. He replied, "The best part is meeting the people, learning new skills. It's a great place to get away from the struggles of life and home and allow me to be myself while working on the things that interest me." This remark from young Caleb, a 14 year old, made me more intrigued to check the circus out further. I took my seat and listened to the live

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The Nubian News prints 8,000 copies which are mailed, hand and bulk delivered to each home and business in Trenton, Nj.

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Kenneth Gibson First Black Mayor of Newark Passes

BY AL ALATUNJI

Kenneth A. Gibson, who became the first Black to serve as mayor of a major northeastern city, when in 1970 he was elected mayor of New Jersey's largest city; Newark, died on March 29. We have lost a giant. Gibson twice sought the Democratic nomination for governor and became a national political figure as the first Black president



of the U.S. Conference of Mayors six years later. Propelled to leadership after the Newark riots tore at the city in 1967, Gibson helped establish a foundation for Black political power. Gibson is credited with stabilizing Newark's finances, improving the health of its citizens and fighting the good fight during difficult times, not just for Newark, but most American cities.

Born in Enterprise, Alabama in 1932, Gibson grew up in Newark's Central Ward with his mother, a seamstress, and his father, a butcher. He graduated from Central High School and the Newark College of Engineering, now the New Jersey Institute of Technology, followed by a stint in the U.S. Army with the 65th Engineer Battalion.

Gibson served as an engineer for the New Jersey Highway Department and as the Newark City engineer before becoming involved in local

politics.

In 1966, Gibson mounted his first campaign for mayor against Newark Mayor Hugh Addonizio. Gibson was unsuccessful in that race coming in third.

When Gibson ran again in 1970, Addonizio faced a difficult second term. Newark was still recovering from the 1967 riots and he was under indictment for taking more than a million dollars in kickbacks from city contractors. Gibson finished first in the May municipal election with 42.7% of the vote, running 19,741 votes ahead of Addonizio's 20%. In the June runoff election, Gibson defeated Addonizio by 11,553 votes, 56% to 44%.

He ran against the establishment in 1970 as a reformer, fighting to make city government representative of the people of Newark. But even more than that, he took the mantle

of a healer and a uniter who could bring the city back together. This was a time of transition, and with the unrest of 1967 still fresh in the memories of people, Ken Gibson was the right man at the right time to lead Newark forward.

Mayor Gibson paved the way for every major Black elected official in New Jersey and many places around the country. In doing so, he made himself a target and took on existential challenges like racism, poverty and the hopelessness that we still confront today. He went on to serve 16 years as mayor.

After twelve years out of politics, Gibson sought an unsuccessful comeback in 1998 to become the Democratic nominee for Essex County Executive.

Kenneth Gibson would have turned 87 in May.

Mayor Kenneth A. Gibson, rest in power and in peace.

Tulsi Gabbard Is A Sheepdog, Greens Howie Hawkins Is 2020's Only Real Peace Candidate

BRUCE A. DIXON, BAR MANAGING EDITOR 04 APR 2019

Respectfully, my comrade and friend Danny Haiphong is wrong, Hawaii congresswoman Tulsi Gabbard is not a peace candidate. To the extent she diverges from the warlike bipartisan consensus that's a good thing. But it's not the job of the left to, in Danny's words "nurture" or support Gabbard with campaign donations so she can get into the televised Democratic primary debates.

The plain truth is that whatever else the Democratic party may be, it is also one of the two permanent government parties of the US, a party of empire and war, despite the fact that a great number of Democratic voters are, for a multitude of reasons, opposed to imperial war.

A real peace candidate would be about the business of building a real peace party, not pulling us back into the party of war. The only 2020 presidential candidate who fits that description is Howie Hawkins, who announced the exploratory phase of his presidential campaign today in Washington DC.

Howie Hawkins has a practical and a workable vision of how the Green Party can be built into a sustainable and nationally competitive opposition party.

What we were all taught in school to call "the two party system" is nothing more than the product of the two capitalist parties colluding with each other to continuously tweak the laws in such a manner as to protect themselves against competition.

These unjust legal barriers to third parties on the ballot are the main reason most US voters don't get to see Green candidates on the ballot for state legislature, for governor or local offices, or for president.

Howie Hawkins is 2020's only real peace candidate because Howie is committed to the hard work of building a permanent peace and justice party from the bottom up. Howie has been in the movement longer than Gabbard has been alive, working against the Vietnam war as a teenager before joining the Marines in 1972 and taking part in the widespread antiwar movement inside the US military of that time.

Hawkins worked with the Peace and Freedom Party in the 1970s, and as a community organizer in the 1980s,

and worked as a Teamster at UPS until retiring last year.

Along the way, Howie Hawkins was one of the founders of the Green Party, which was soon taken over by mostly white professionals who chose to follow the organizing models of Democrats and Republicans rather than that of socialist and working class parties around the world. With the presidential candidacy of Howie Hawkins, the Green Party is transforming itself in to the fighting ecosocialist party that the current crisis demands.

Howie Hawkins was the first US candidate to run on a Green New Deal, in a 2010 campaign for NY governor, declaring that it was entirely possible to zero out New York's carbon emissions by 2030 while creating millions of new jobs and rehabbing millions of units of affordable housing along the way.

The Democrats are the same party that wants us to believe the Russians fooled Black folks into not voting for Hillary Clinton with a handful of Facebook ads, most of them published after the election. They're the same folks who called Trump a traitor for meeting with North Korean leaders, and applaud him for being "presidential" when he bombs Syria. These are the same Democrats who raised Trumps already outrageous military budget another ten percent to show Boeing, Lockheed and the other military contractors that they were good friends too, and the same Democrats who join Republicans in backing the apartheid state of Israel. Democrats don't have the solution to climate change, they can't get behind Medicare For All, rent control, and couldn't be bothered with enforcing the Voting Rights Act when they had power.

Howie needs \$5,000 in donations \$250 and under in each of 20 states for his campaign to receive federal matching funds that will enable us to launch the yearlong ballot access campaign that will put the Green Party on the ballot in every state, and put us on the road to building a fighting party sustained and run by its members. Go to HowieHawkins. US to volunteer, and to give what you can now. The clock is ticking.

For Black Agenda Radio Commentaries I'm Bruce Dixon.

People in your neighborhood

BY TANGELA WRIGHT

Inspired to check out some new things and some old things in the neighborhoods in which we live and often visit. I came across a young lady



with much wisdom and willingness to share her story about why she was lead to do art.

My sista's name is Khalilah Sabree.

She has had a private studio in the Artworks Trenton building for 14 years. Some of her wonderful and beautiful art graces the walls outside her studio, and other paintings on canvas, will inspire your heart and your thirst to learn more.

Khalilah has been inspired by her spiritual growth. She has lived in Trenton as a Muslim for 40 years and fell head over heels for art when she was 5 years old. Being an artist is the best way for her to express herself and her passion for her Muslim culture. Her works have been viewed extensively throughout the tri-state area and purchased by private collectors. She has twenty-six years and counting, teaching art in Lawrence Township. She loves the kids and looks forward to every day in the classroom passing on her .."love for the arts".

Sheckler Foundation Awards Trenton's Freedom Skate Park \$10,000 for Youth Programs

Trenton to be 1 of 10 US stops for 2019 "Skate for a Cause" Demo Tour

Trenton NJ – Freedom Skate Park, a Trenton-based nonprofit dedicated to providing safe indoor spaces for youth to practice skateboarding

Freedom is an all-volunteer 501c (3) nonprofit organization dedicated to giving more people the opportunity to learn the life lessons skateboarding teaches by providing a safe indoor skate park where skaters of all ages and skill levels can practice and build



and build community, was recently named one of 10 nonprofits across the county chosen to receive a \$10,000 grant from the Sheckler Foundation.

community--even when it is too rainy, cold, or dark to skate outside. This is critically important in New Jersey, where winters are harsh and

there are no other indoor skate parks. "Skateboarding is more than just a fun way to stay active," said Freedom skate park Founder and Executive Director Jake McNichol. "The entire process of learning to skate—from seeing an obstacle to thinking of a trick to do on that obstacle to



working through pain, fear, and frustration to achieve that goal—teaches youth critical life lessons about problem-solving, thinking outside the box, setting goals, and following through to achieve those goals.."

From November 2018 through February 2019, Freedom ran a pop-up indoor skate park in the Roebling Wire Works building, a historic warehouse space in the center of one of Trenton's most underserved neighborhoods.

With the Sheckler Foundation's support, Freedom plans to give away double the number of boards during their next season of events.

Skateboarding is accessible for urban youth and fosters a diverse, supportive community that welcomes everyone regardless of race, gender identity,



or socioeconomic status. Skaters connect over a shared passion for skateboarding, building friendships among people who would normally never know each other. Since Trenton does not have a skate park, Freedom events are the only safe and legal opportunity for youth in the city to skate and the park is the only place for skaters in the city to congregate.

"Skateboarding is an incredible activ-

ity that has the potential to transform lives," McNichol said. "Freedom's work to provide a safe space for skating and to provide skateboards to youth who would not otherwise be able to afford them are crucial to providing positive opportunities for kids who need them most. We look forward to partnering with the Sheckler Foundation to take our past success to the next level."



At the end of these sessions, every child who attended got to take home a board of their own to practice at home and share with their friends.

Is It Racial or Something Else?

All too often as Black people we have to ask ourselves if what we face has anything to do related to race. That's stressful.

Unfortunately, too many times we can't conclude it is or not. Maybe it is and then maybe it isn't. It's a horrible way to live a life.

If it is race related then we must respond to it so it doesn't happen again and again. Sometimes it's like beating your head against a wall because the racist causing the problem never wants to own up to his/her actions. It is so ingrained in their character they don't realize, sometimes, anything is wrong. The old saying "a fox can't smell its own hole" explains it clearly. However, we can smell it.

This is the dilemma we are having with Capital Health Medical Center. As a Trenton community newspaper most of our readers are African American and Latino, it's why we also publish in Spanish. This is a demographic which suffers the most from health concerns.

African Americans and Latinos have the highest incidence rates for many diseases.

As a example, African Americans in the U.S. have a higher prevalence of high blood pressure (HBP) than other racial and ethnic groups. It is also often more severe in Blacks, and some medications are less effective in treating HBP in Blacks.

Capital Health has a wealth of information and programs which address health issues. And they do a great job in getting this information out as advertising in every white owned newspaper in the surrounding area. That's good. It's educating those newspapers' readers.

We have tried to get them to also get that same information out to our readers. But to no avail. We explain, our readers health concerns are as grave or more so than any other population in areas surrounding Trenton. But so far, they will not do it.

So we ask, why not? Is it because we are a Black owned and operated

newspaper, the only one in the area? Is it they believe if they put their ads in all the white owned newspapers that will be good enough to capture the Black and Latino populations too? The big question is, is it they don't want to support a newspaper which addresses the concerns of non-white people? Is it because they think our stories are mostly about Blacks and Latinos that they don't want to advertise?

We don't know! We hate thinking it has anything to do with race.

But what else is it? Our readership is twice as big as other newspapers they advertise in. We distribute to virtually every church, business, corner store, barber and beauty shop in town. We deliver to 4,000 homes every two weeks, we've gained the respect and trust of the community we serve, and our prices are lower than any other newspaper which makes us a better value for their money.

One thing we have noticed is their Board of Directors has no African Americans. Which brings up so many more questions. One of their hospitals serves a predominately Black population. Does their not having any Black representation on their Board mean they don't want

input from our community? Does it mean Blacks have been overlooked or not considered as partners for Capital Health?

We don't know. We don't know if



their lack of Black board members and promotion of their services directly to the Black/Latino community is racial or something else. Like we said at the beginning, it's a horrible way to have to live. And in some cases the lack of vital education and information may already have caused undue harm to the Black/Latino community of Trenton.

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El Latino News

En Contacto con la Comunidad

Trenton – Mercer County

ASAMBLEISTA HISPANA SE PRONUNCIA CON RESPECTO AL CENSO DEL 2020

TRENTON- La asambleísta Yvonne López realizó la siguiente declaración con respecto al próximo Censo del



2020. “Como miembro de la Junta Nacional de Legisladores Estatales Hispanos (NHCSL), me sumo a mis colegas Legisladores estatales hispanos para no permitir que la interferencia política ponga en tela de juicio la exactitud del conteo de la población de nuestra nación...La rica diversidad presente en Nueva Jersey es lo que hace del Estado Jardín un lugar tan excepcional para vivir, y en el Censo de 2020 necesitamos asegurar que las diversas personas en nuestro estado estén representadas con

precisión. Imploro que la política no preceda a las pólizas y que se revoque la pregunta de la ciudadanía.

El Censo de 2020 ya está lleno de desafíos que dificultarán un recuento completo y no necesitamos una carga adicional para las comunidades más difíciles de contar en Nueva Jersey y en todo el país.

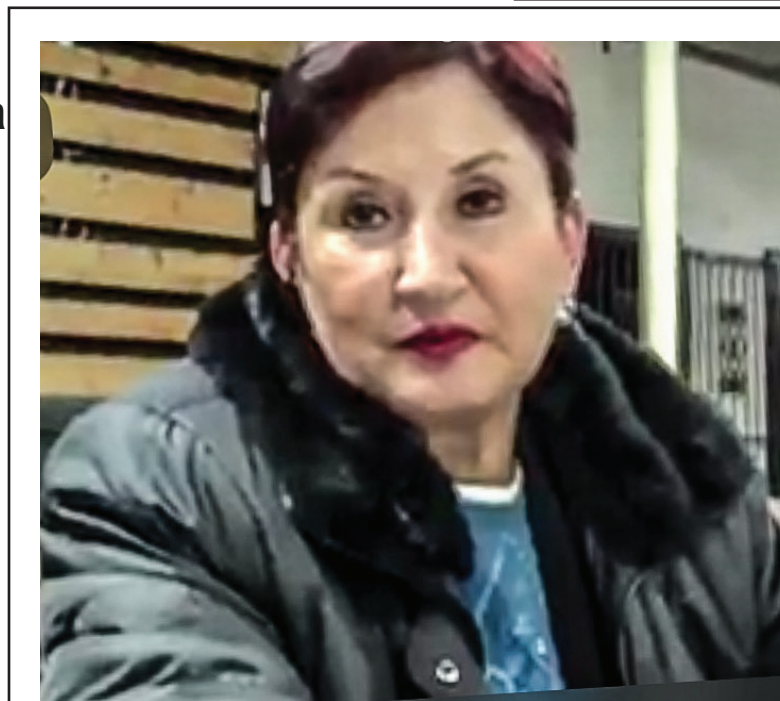
“Como Comisionada que sirve en la Comisión de Conteo Completo del Estado de Nueva Jersey, una vez más pido a la Corte Suprema que anule la pregunta de la ciudadanía e insto a nuestra delegación del Congreso a continuar abogando por un Censo justo”.

Mujeres candidatas buscan la presidencia en Guatemala

POR CARLOS AVILA

GUATEMALA-Tres mujeres se presentan como las favoritas para suceder al actual Presidente Jimmy Morales en Guatemala. Thelma Aldana, la ex fiscal general es una de ellas.

El pasado año cuando visito la ciudad de Trenton, donde viven miles de guatemaltecos Aldana no quiso revelar si estaba en busca de ser candidata a la presidencia de Guatemala, lo cual quedo grabado en exclusiva



TRABAJADORES EXPETOS EN RECONSTRUCCION DE VIVIENDAS

POR CARLOS AVILA

TRENTON-Tras una jornada de trabajo, el pasado día lunes inicio de semana, la cuadrilla de jóvenes hispanos compuesta por: Cesar

oficio y al mismo tiempo de poder ganar un salario semanal justo. Cada uno está agradecido de poder contar con un trabajo que les permita vivir dignamente. Algunos son padres de familia que tienen niños



desde la izq. Cesar Monroy (46), Rómulo “Baluc” Ical (35), Randy Soto (46), Josué Yanes (32), Mario Bala (28) y Pedro Rosales (21)

Monroy (46), Rómulo “Baluc” Ical (35), Randy Soto (46), Josué Yanes (32), Mario Bala (28) y Pedro Rosales (21); ejecutan independiente y a la vez conjuntamente diferentes oficios dentro de lo que es la reconstrucción de viviendas y edificios en el estado de Nueva Jersey.

El grupo realiza su trabajo de una manera responsable y eficaz bajo la dirección técnica del maestro Randy Soto, quien desde 1994 realiza con éxito este tipo de labor, que le ha dado grandes satisfacciones, sobre todo el de poder ofrecer a sus compatriotas una oportunidad de aprender un

y jóvenes en las escuelas del área de Trenton, por lo que trabajan fuerte para darles una educación que les permita a futuro ser profesionales en esta sociedad.

Para quienes deseen contratar los servicios de estos jóvenes pueden llamar al 609-516-3499. Están legal en el mercado, bajo la compañía B&R CONTRACTOR LLC. -“Don Carlos, si alguien me contrata por su recomendación yo sabré agradecerle” dijo Randy mientras reía al posar con sus compañeros que se llevan como hermanos guatemaltecos.

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Las otras dos candidatas son: Zury Ríos Sosa, hija del ex-dictador José Efraín Ríos Montt, y Sandra Torres, ex primera dama.

Quién de ellas llegará a la presidencia, es tiempo

que una mujer asuma el liderazgo en Guatemala?

Las elecciones en Guatemala se realizarán el próximo 16 de junio de 2019.

A ultima hora, la exfiscal general Thelma Aldana, candidata presidencial que esta en El Salvador y sobre quien pesa una orden de arresto por anomalías en una contratación durante su gestión, dijo la semana pasada que no regresará a su país pese a que considera que tiene inmunidad por su candidatura.

FORO PUBLICO SOBRE PROBLEMAS FISCALES

ATLANTIC CITY- Un foro público celebrado por la Universidad de Stockton en Atlantic City hoy, el Presidente del Senado Steve Sweeney, enfatizó en la necesidad de enfrentar los crecientes problemas fiscales del

la propiedad, hacen que el gobierno y los distritos escolares sean más eficientes, evalúan la eficiencia de nuestra estructura fiscal y aprovechan los activos estatales.

El Senador Sweeney solicitó la fusión



Foto desde la izquierda: la ex alumna de Stockton Brigid Callahan Harrison, el Presidente del Senado Steve Sweeney y el investigador principal asociado de la Universidad de Stockton John Froomjian.

estado para que podamos realizar inversiones críticas en educación, transportación, educación superior y servicios sociales, entre otras prioridades.

Organizado por la ex alumna de Stockton, Brigid Callahan Harrison, profesora de la Universidad Estatal de Montclair, y John Froomjian, del Centro William J. Hughes para Políticas Públicas de Stockton, el foro incluyó una discusión sobre las reformas fiscales en el reporte de 'Path to Progress'.

"Tenemos que encarar la realidad de la profunda crisis fiscal que enfrentamos", dijo el Senador Sweeney.

Las propuestas abordan los crecientes costos de las pensiones y los beneficios, reducen los impuestos a

del Plan de Beneficios de Salud para Empleados Escolares de alto costo en el Plan de Beneficios de Salud Estatal de bajo costo para aprovechar los ahorros de costos negociados por el Gobernador y el sindicato de trabajadores públicos más grande del estado.

Brigid Callahan Harrison, una de las organizadoras del evento, le dio la bienvenida a la sesión. "Estos foros comunitarios proveen espacios para discusiones públicas en asuntos que tienen un impacto inmediato y a largo plazo en las vidas de la gente de Nueva Jersey", dijo Brigid Callahan Harrison, una de las organizadoras del evento.

ENC CONTACTO CON LA COMUNIDAD

HAMILTON-Pedro Medina Asistente Alguacil del Condado de Mercer presentó un interesante discurso ante

los padres como figura paterna a tener una relación cercana con sus hijos e hijas para lograr un buen desarrollo físico y emocional.



los padres de familia del programa "Head Start", con el fin de motivar a

liderazgo en la comunidad.

En Nicaragua mientras las conversaciones se interrumpen las protestas no cesan

POR LAURA LUCIA RODRÍGUEZ PEÑA

El próximo 18 de abril se cumplirá un año de crisis para Nicaragua, después de que iniciaran protestas para reformar el seguro social en el país todo ha ido en escala. Las protestas han tomado un tinte violento y el gobierno nacional ha respondido de manera agresiva, las organizaciones

2019)

Mientras el gobierno de Ortega denuncia el intento de un golpe de Estado y no se llega a acuerdos claros en los diálogos la población seguirá sufriendo las consecuencias de un país dividido entre el gobierno y la oposición. Vale la pena mencionar que actualmente las fuerzas militares



internacionales han propuesto diálogos pero el futuro parece incierto para los nicaragüenses.

Lo más reciente es el cierre de la primera fase de negociación, en esta el gobierno y la oposición no han llegado a ningún acuerdo, por este motivo decidieron interrumpir y retomar más adelante la negociación. Los principales objetivos de esta primera fase era discutir "las propuestas sobre los puntos de

tienen en prisión a más de 670 manifestantes, frente a esto Ortega decidió liberar a 50, cifra muy alejada de lo exigido por la oposición para continuar la conversación. (BBC, 2019).

Debido a esta y a otras diferencias las partes han decidido tomarse un tiempo para reflexionar sobre los temas puestos sobre la mesa de diálogo. Las organizaciones e instituciones internacionales no se han hecho esperar para hacer un llamado



a la solución pacífica de la crisis, es por esto que el alto comisionado para las Naciones Unidas, la Comisión Interamericana de Derechos Humanos, el secretario general de la Organización de Estados Americanos, entre otros,

han manifestado la necesidad de liberar a las personas inocentes y recalcan la importancia de continuar con las negociaciones.

Hasta el momento no se ha definido cuando se retomaran las conversaciones, se espera que estas continúen y que definan soluciones acertadas según las exigencias del país, mientras tanto las protestas no cesan y la población mantiene su postura de inconformidad ante el gobierno de Nicolás Ortega.

verdad, justicia, reparación y no repetición, así como de fortalecer la democracia y reformas electorales." (France 24, 2019)

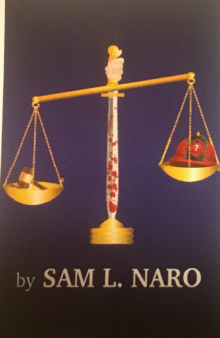
Sin embargo no se logró ningún avance notable y los más perjudicados no son los representantes sentados en la mesa de negociación sino los ciudadanos que día a día deben afrontar las protestas que hasta el día de hoy según "La Comisión Interamericana de Derechos Humanos (CIDH) ha dejado 325 muertos, aunque algunos grupos elevan a 568 las víctimas mortales" (France 24,



Business Card Directory



We are building a Directory of Businesses in the Trenton area which will provide a resource to market your business in our city. It costs \$20 per issue to place your business card (plus \$5 for color). We need to organize and publicize what we do, why we do it, who does it, where we do it and how well it is done. Space is limited. Only \$20 to reach the 84,962 citizens of Trenton.



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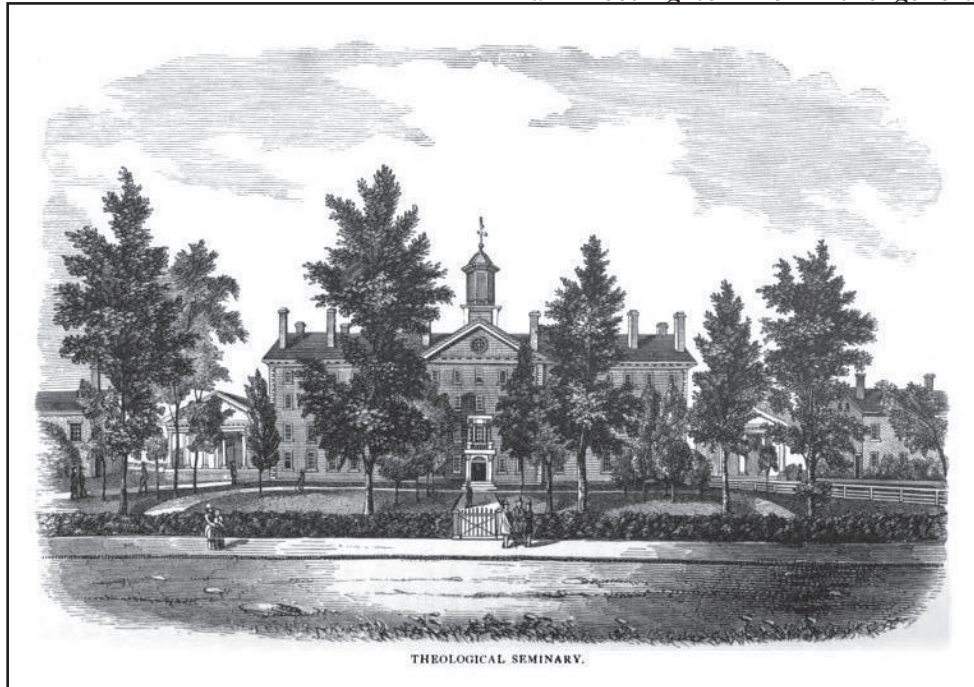
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Black Princeton Seminary Students Call for Reparations

BY AL ALATUNJI

Black Princeton Theological Seminary students are declaring that Princeton Theological Seminary profited from the African slave trade.

of Princeton Theological Seminary held a town hall meeting on March 23rd, lasting an hour and a half, highlighting Princeton Theological Seminary's role in the slave trade. The association also used the town hall meeting to inform the general



They are calling on the Board of Trustees to atone for the history of the seminary being funded by the stolen labor of their enslaved African ancestors.

The atonement would come in the form of the seminary setting aside 15 percent of the its endowment to fund Black American and African student grants and establishing a Black Church Studies program.

The Association of Black Seminarians

public, other seminarian students and the Princeton University community, of its efforts to address the issue and to enlist their support. Approximately 120 people attended the meeting held at the site of co-host Witherspoon Street Presbyterian Church.

According to Rev. Charles Gilmer Chair of the Association of Black Seminarians Task Force and chief event speaker, the seminary did

Shiloh Baptist Church hosts Annual Authors Event

BY DAWNE WASHINGTON

Shiloh Baptist Church hosted their annual authors event for Black History Month that showcased the works of authors in the area that deal with important topics such as sexual abuse, the desegregation of schools, children's books, contributions of those in the black community and urban education.

Rashad Malik Davis, an author and animator, presented artistic works from his book titled "Carefree Like Me."

Yolanda Robinson, author, radio personality, and motivational speaker as well as Keyshia Cox, a pastor and motivational speaker, both focused on making situations better rather than being a part of the problem.

Dr. Mildred Rice Jordan, local retired Doctor of Education from

Ride University, told us about her grandfather who founded a school in Bordentown, NJ. He was a freed slave who focused on academic achievement for those who were once unable to obtain an education.

Tona Buck discussed her documentary on why victims do not tell after being sexually abused. She is an educator in the Trenton area and an advocate for women who have been sexually and physically abused. Her documentary focuses on women in need of a voice after being abused. She intends to raise awareness so that victims will be empowered through education, support, and therapeutic interventions offered through Woman's Space. Ms. Buck will host an annual sexual abuse walk which will be held on April 13, 2019 at Cadwalader Park.

not own slaves, and slave labor was not used to construct buildings. However, money given by slaveholders and the interest income it generated accounted for 15 percent of the total revenue of the seminary in the pre-Civil War era. Donors whose wealth was in some measure derived from the slave trade made up as much as 30 to 40 percent of the seminary's revenue.

Information used by Rev. Gilmer to underscore the seminary's connection to the African slave trade was the result of the Princeton Seminary Report of its Historical Audit Committee concerning Princeton Seminary and slavery.

Founded in 1812, Princeton is the second-oldest seminary in the United States and the audit report indicated that 15 percent of the seminary's contributed income from 1812-1861 was from slaveholders. Additionally, it approximated that 30 to 40 percent of its contributions during that period were from persons who profited from the slave economy.

In response to the audit report, the Association of Black Seminarians is calling for full tuition grants for all Black American students and student loan forgiveness for Black American alumni annually. The association also suggests 10 grants for Liberian students, citing the report's disclosure of the seminary's support for the colonization project in Africa, during which slaves were returned to Liberia.

In addition, the association is

calling for 10 grants for West African students from countries where many slaves originated.

The association has proposed a budget of about \$5.3 million for the student endowment, estimating that is about 15 percent of the \$35 million the school used from the seminary's endowment during its 2017-18 school year. If Princeton Theological Seminary agrees to the demands of the Association of Black Seminarians, "...it would create the leading Black church studies program in the nation, as well as allow [Princeton Theological Seminary] to compete for leadership in the preparation of Black leaders for the church and the academy in the U.S. and Africa. "The model of Christian restorative justice which this proposal entails may prove to be an example that others follow in addressing historical wrongs and ongoing inequities," stated Rev. Gimler.

Princeton Theological Seminary has apologized for the role it played in profiting from the slave trade. However, the Association of Black Seminarians maintains it is seeking "substance not symbols", and is calling for the seminary to adopt its call for reparations.

The association has collected more than 400 signed petitions supporting the call.

Readers are encouraged to go to the website, Princeton Seminary and Slavery, <https://slavery.ptsem.edu/> to review a copy and other information in response to the audit report.

Deacon Smith of Shiloh Baptist Church and his late wife Dr. Napoleon-Smith authored "Joy Cometh in the Morning: A personal journey through America's struggle for racial justice." Deacon Smith discussed the focus of his book encompassing the history of the Hedgepeth-Williams case concerning school desegregation in Trenton, NJ which occurred in 1944 and served as a catalyst for the landmark case Brown vs the Board of Education 1954. The Hedgepeth-Williams historical decision served as a voice for Black children who were denied access to an education based on their skin.

Dr. Martin Luther-King said it best, "Separate but equal is inherently unequal." The challenges of children attending a "Negro school" included children attending schools that were not located in their communities and not receiving educational opportunities equal to those of their White counterparts. The outcome of the

Hedgepeth-Williams case provided a voice for Blacks and had a significant impact on race relations in this nation. This specific case is an example of the rich history of Black contributions in this country which began in Trenton, NJ. This notable local display of the fight for educational equality is a prime example of the motto "Trenton Makes...The World Takes."

The event was open to the public so that they could be aware of the valuable contributions of individuals within their own community. Trenton encompasses invaluable history, art, educational messages, and powerful interactions that many may not be aware of. It is important to regain the strength of the Black community through invaluable dialogue and engagement opportunities like the experience at the authors event.

Nubian News Book Review

BY TERRI SCHLICHENMEYER

“Black is the Body:

Stories From My Grandmother’s Time, My Mother’s Time, and Mine”

BY EMILY BERNARD

c.2019 Knopf -\$25.95/\$34.95 Canada, 223 pages

Your mother dealt with things you can’t imagine.

It was a different time when she was your age, with societal issues you’d never tolerate and rules you wouldn’t abide. Same with your grandma: scrapbooks, history books and museums are the only places you’ll see what she *lived*. So what will your children

up to misogynistic rules, and that shape Bernard’s stories to come.

Like any good story, though, there are catches to the telling.

Take, for instance, the way we deal with “the n-word.” And how Black women can sometimes hate their hair. And how we let “the absurd and illogical nature of American racial identity” tell us who we are or should be.

No, Bernard lets family do that. Her husband is white, a fact that some in her mother’s family hated – although they ultimately bonded

with him through food, as though it were a new language. Her grandmother disliked the Civil Rights Movement. Her mother died too young. Bernard’s adopted twin daughters were born in Ethiopia and she calls them brown girls who are “growing up in a house with a white person who loves them.” They, too, will have experiences their mother won’t have, and stories to tell.

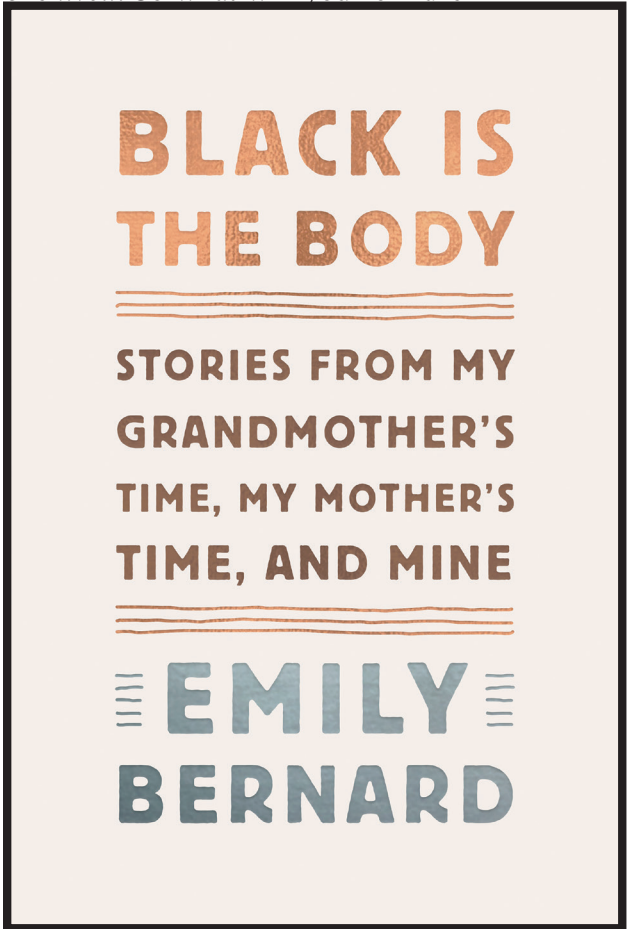
“Black is the Body” is one of those books that’ll make you wish you had a Time Travel machine. Devour this book, set the machine for twenty years into the future, and see what author Emily Bernard’s daughters would write in a sequel...

This memoir has a lot of launching points for that,

in tales that quietly demand that you pay attention and in anecdotes that highlight racial issues while also minimizing them. Readers are likewise invited to examine a variety of ideas with a certain amount of wonder and curiosity, and to follow Bernard to see both sides. That open, often-placid viewpoint provides a gentle way of leading readers to think about human differences and similarities, which resonates throughout and makes this memoir one to keep on your shelf.

Indeed, “Black is the Body” is a book you’ll want to read again because it’s engaging and just plain enjoyable. It offers thoughts you’ll want to turn over in your own head.

This is a book to tell about.



know? As in “Black is the Body” by Emily Bernard, what’s your story?

In 1994, while sitting in a quiet coffee shop and wrestling with a college paper she was writing, Emily Bernard was stabbed “in the gut” by a white man with a hunting knife. That’s her story to tell and she’s recited it often in the last two-decades-plus, though it’s told differently by others who were there. It’s a story that kicks off her book, but she insists that it does not define her.

Nor does racism. Bernard is proud of her Black body.

She’s also proud of her experiences, the successes she’s had, the people she’s known, and the stories she carries inside her. These become tales that recall her mother’s unhappiness before she died, that lent Bernard’s grandmother the strength to stand

Public Notice

Take notice that in accordance with N.J.S.A. 39:10-16*, application has been made to the Chief Administrator of the Motor Vehicle Commission, Trenton, New Jersey, to receive title papers authorizing and the issuance of a New Jersey certification of ownership for, Make: Mercury, Year 2007, Vin/Hull identification Number 4M2CU39H17KJ01102.

Objections, if any, should be made in writing, immediately in writing to the Chief Administrator of the Motor Vehicle Commission, Special Title Unit, P.O. Box 017, Trenton, New Jersey, 07666-0017



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Art Making at Artworks of Trenton

BY TANGELA WRIGHT

Artworks always has the greatest events to bring families, and especially children, closer to the arts.



Melvin, Adison, Tangela

This month's feature was called Art Making Day and took place on Saturday, March 23rd at Artworks Trenton and Saturday, March 30th at Artworks Trenton Public Library.

I was met by the wonderful and energetic staff at the front table as soon as I came in. They greeted every person with a smile and open arms, to the greatest fun on earth, free of charge. Did I mention 8 different crafts FREE

for all to take part in? My daughter and I found ourselves roaming from room to room taking it all in and meeting our palates for creativity; discovering art, with pastel colors and different forms of art never seen or imagined.

Ann, a volunteer coordinator, provided a lot of valuable information about the staff, what crafts were taking place on both Saturdays, and conveyed the love for the art that fills the studio. She is always looking for volunteers to help at various events and at the studio.

Adison is the awesome person who runs the gallery. I asked him what he thought was the best part of running the gallery. "Being able to see all the joy that fills the rooms in the gallery. Families and children having a great time and learning more about art", he replied.

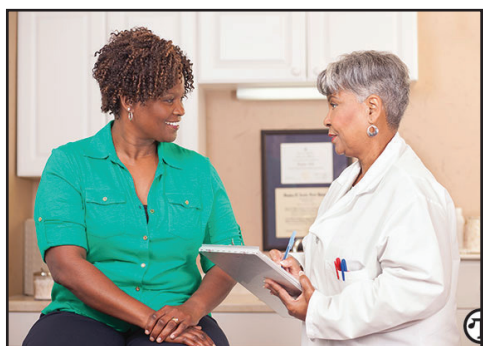
Melvin Ford and Paula Lepone are volunteers that simply love being at the gallery and being involved to lend their time to help out.

This event introduced families to the following art making that was featured at the gallery: Tire Art, Animation Station, Brainstorm Wall and Set Design.

Make plans to visit the gallery and be prepared for smiling faces and lots of hands on art fun.

Health Services And Screenings Every Woman Should Know About

(NAPSI)—Eating a healthy diet, exercising, getting a regular Pap smear and mammogram—these are just a few of the many steps women can take to help ensure they live longer,



healthier lives.

However, it can be tough to figure out what to do, given the mountains of information that are available. So, how can women determine which services and screenings are right for them—and when? You can start by being aware of what the science says about preventing certain health conditions and by having an open and honest conversation with your doctor about your values and preferences.

Cardiovascular Disease

Cardiovascular disease (CVD) is the number one cause of death for women. Fortunately, you can help prevent CVD by addressing important risk factors such as high blood pressure, high cholesterol, and obesity.

You can reduce your risk of CVD by quitting smoking, eating a healthy diet, and becoming more physically active. If you smoke, talk to your doctor about ways to help you quit. If you are overweight and have other CVD risk factors or even if you are healthy and simply want to stay that way, ask your doctor about how you can develop heart-healthy habits.

Cervical Cancer

Screening for cervical cancer finds the disease when it is most treatable. Unfortunately, 12,000 women in the United States are diagnosed with cervical cancer each year. Most cases of cervical cancer happen in women who have not been regularly screened or appropriately treated. That is why

Mercer grant will aid City park projects

TRENTON—A matching grant under Mercer County's innovative "Mercer at Play" program will help the City of Trenton rehabilitate three parks and a recreation center.

The \$500,000 grant agreement, part of the second round of "Mercer at Play" funding that was announced by County Executive Brian M. Hughes in 2016, received Freeholder Board approval March 28.

"I'm always pleased to see one of our municipalities submit a plan that takes advantage of this funding opportunity," Mr. Hughes said. "By sharing its grant allocation among four projects, the City of Trenton can provide enhanced recreational facilities for residents in different neighborhoods, encouraging them to be active and stay fit."

The City will use its entire allocation of Mercer at Play 2 funds for the following projects:

- Replacement/renovation of playground equipment, bleachers, site furnishings, basketball court and pool compound at Martin Luther King Jr. Park on Brunswick Avenue.
- Replacement/renovation of playground equipment, perimeter fencing, site furnishings, basketball court and inline skating hockey facility at Monsignor Lipinski Park on Heil Avenue.
- Replacement/renovation of

playground equipment, site furnishings and basketball court at Breunig Avenue Park.

- Replacement/renovation of locker rooms, restrooms, gym flooring and interior collapsible bleachers at the West Ward Recreation Center on Prospect Street.

Mr. Hughes introduced the Mercer at Play program in 2006 to encourage new municipal recreational amenities for all ages. That initial round of funding -- \$6.5 million in capital funds over three years -- resulted in more than 30 projects across every municipality in the County. The program was reauthorized in 2016, with \$6 million in capital funds being made available.

The Mercer at Play 2 program allocates \$500,000 for each township and the City of Trenton with a 100 percent match. The match drops to 50 percent for joint projects. Boroughs have been allocated \$300,000 each, increased to \$500,000 if they undertake a joint project with another municipality.

Trenton's projects during the initial round of Mercer at Play funding included a playground, basketball court, spray pool and picnic pavilion at Greg Grant Park on East State Street, and a soccer field renovation and new football field at Calhoun Street Park.

it is critical for women to get screened regularly starting at age 21.

There are several effective options for screening, depending on your age and preferences. The Pap test and the human papillomavirus (HPV) test are the most effective ways to screen for cervical cancer and are done during a visit to your doctor's office. Talk to your doctor about which test is best for you and how often you should be tested.

Breast Cancer

Breast cancer is one of the most common types of cancer in women; roughly 237,000 cases are reported in the United States each year. Breast cancer screening aims to find the disease early, when it is easier to treat. Mammograms, which are X-ray pictures of the breasts used by doctors to look for early signs of the disease, are the most effective method of screening for breast cancer.

Evidence shows that the benefits of mammograms increase with age, with women aged 60 to 69 most likely to benefit from screening. Still, about one in three women who should get a mammogram regularly do not. If

you are between the ages of 50 and 74, talk to your doctor about getting a mammogram regularly. Some women decide to start screening as early as age 40.

Screening for Osteoporosis

As people age, their bones begin to thin. For some people, their bones become very weak and can break or fracture more easily, a condition known as osteoporosis. Osteoporosis affects one in every four women age 65 or older in the United States. Bone measurement tests can be used to screen for osteoporosis and identify the likelihood of future fractures. For people who have osteoporosis, treatments are available to reduce the risk of a fracture. If you are a woman age 65 or older (or younger than 65 with certain risk factors), ask your doctor about being screened for osteoporosis and other ways to improve bone health.

Learn More

For further information on these and other Task Force recommendations, visit www.uspreventiveservicestaskforce.org.


What's Happening

- Every Tuesday, Open Mic with Benny P, 8:30 p.m.-2:00 p.m., Trenton Social, 449 South Broad Street, Trenton
- Every Thursday - Children's Thursday Theater, 3:00 p.m., Trenton Free Public Library, 129 Academy Street, Trenton
- Every Saturday, Board Game Workshop, 2:00 p.m.-4:00 p.m., Trenton Free Public Library, 129 Academy Street, Trenton
- Every Monday, Bible Conversation Group, 12 Noon to 1:15p.m., Starbucks Community Room, 102 S. Warren St., Trenton - For the non-religious, the spiritual, and everybody in between 609 836-1403
- Every second Saturday, 9 p.m.-2 a.m. at Championship Bar and Music Club at 931 Chambers Street in Trenton NJ there is 'Barz All Night'. Each artist gets to perform 3 songs and some freestyle cypher during intermission.
- Every Wednesday, 7:00 p.m. Open Mic Night with your favorite host Cinnamon R. Martin. Get a front row seat to some of the best talent that Trenton has to offer. Items for sale at this unique small business shop. 25 East Bridge Street, Morrisville, PA. There is a \$5 donation for the event.
- Sign up every Saturday, 10:00 a.m. - 2:00 p.m. West End LL Girls Softball. West End Batting Cage, 600 Artison Ave, Trenton, NJ. Registration: \$40. More information: Ron Davis 609-817-5062
- Thursday and Friday and Saturday, April 4th, 5th, 6th Rummage Sale, Trinity Cathedral, 801 W. State St, Trenton. Indoors, rain or shine.
- Friday, April 5th, 7:00 p.m. - A Gospel Musical Concert, presented by Jerusalem Missionary Baptist Church 78th Anniversary Committee, featuring Pastor Rickey McDuffie and The Family; The Lumzy Sisters and more. Tickets only \$15. For tickets, Sister Caretha Jeter 609 577-0584.
- Friday, April 5th, 2:00 p.m. to 3:30 p.m., Welcome to Medicare. Capital Health Medical Center - Hopewell, One Capital Way, Pennington, NJ. Are you a new retiree? Join us to learn what you need to know about your Medicare benefits for 2019 and how to compare health and drug plans to find the best coverage
- Saturday, April 6, 2019 at 5 PM - 7 PM, Vision & Spokenword Experience - The Conservatory Mansion, The second series of four. Continue change or update your Vision board. There will be a raffle music poetry and food. 540 East State Street, Trenton, New Jersey
- Wednesday, April 10th, 6:00 p.m. to 7:30 p.m. - Time for Change: Understanding Menopause. Menopause is a condition all women experience as they age, indicating the end of their reproductive period (usually after age 40). To learn more about this shared experience in women's health, join Dr. Victoria Petty, a board certified gynecologist from Capital Health Gynecology, for a discussion of menopause causes, symptoms and treatment options. Capital Health Medical Center - Hopewell, One Capital Way, Pennington, NJ
- Friday, April 12th, 9:30 a.m. - 3:00 p.m. The Attorney General's 2019 Crime Victims' Rights Week Ceremony. Meet n' Greet/Networking, Training presentation, Panel discussion: Men of Strength, Speakers. The College of New Jersey (Brower Student Center Event Room 100 East), 2000 Pennington Road, Ewing Township, NJ. Free. Register at eventbrite.com
- Saturday, April 20th, 9:00 a.m. - Easter Egg Hunt at Cadawalder Park, Trenton, NJ. Free for all, ages 3 to 12.
- Saturday May 4th, 11:00 a.m. - 3:00 p.m. Courage To Be More- I AM QUEEN. Masterclass Series was created for the woman who is ready to SHOW UP BIG IN LIFE!! Each class in this series will help to elevate your mindset as you are reminded that you were born to be GREAT!!! Lunch included and vendors on premises. 320 Hollowbrook Dr., Ewing Township, NJ. \$7. Tickets at eventbrite
- Saturday, May 4, 2019 at 4 PM - 8:30 PM - Alphas Derby Day Party 2019 - Rho Waterfront, 50 Riverview Plaza, Trenton, New Jersey - Hosted by Alpha Phi Alpha Fraternity, Inc. - Zeta Iota Lambda Chapter
- Saturday, May 4th, 4:00 p.m. - 8:30 p.m. Capitol City NJ Alphas Present "#CAPCITYDERBY19" Day Party. Live Music & Entertainment by The Great Show DJ SNS & DJ Alamo and The Renaissance Jazz Band. Cooper's Riverview (formerly Rho) 50 Riverview Plaza, Trenton, NJ. Admission \$45 - \$50
- Monday, July 8th thru August 2nd. Colonial Summer Camp. The Old Barracks of Trenton. For more information: www.barracks.org/summer-day-camp.html Sign up: www.barracks.com
- Tuesday, April 9th, 12 Noon - Kick Off Announcement Event for the Parade of the African Diaspora and the return of the African American Cultural Festival. Front steps of the Trenton Free Public Library, 120 Academy St, Trenton, NJ. The Parade will be held August 17th.
- Saturday, April 13, 2019 at 9 PM - 2 AM - 5th Annual Little Black Dress Affair 2019 - Hosted by Tone Razz Entertainment. IL PORTICO RISTORANTE, 273 West Route 130 South. Burlington, NJ, LADIES IN BLACK DRESSES ARE #FREE B4 10PM \$20 ADMISSION B4 11PM. For info Contact 609-963-7321
- Saturday, April 20, 2019 at 12 PM - 6 PM, HYPED in Heath Holistic Expo 2019, Hollowbrook Community Center, 320 Hollowbrook Rd, Ewing, New Jersey 08638. Hosted by The Health Conscious Diva, LLC

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