

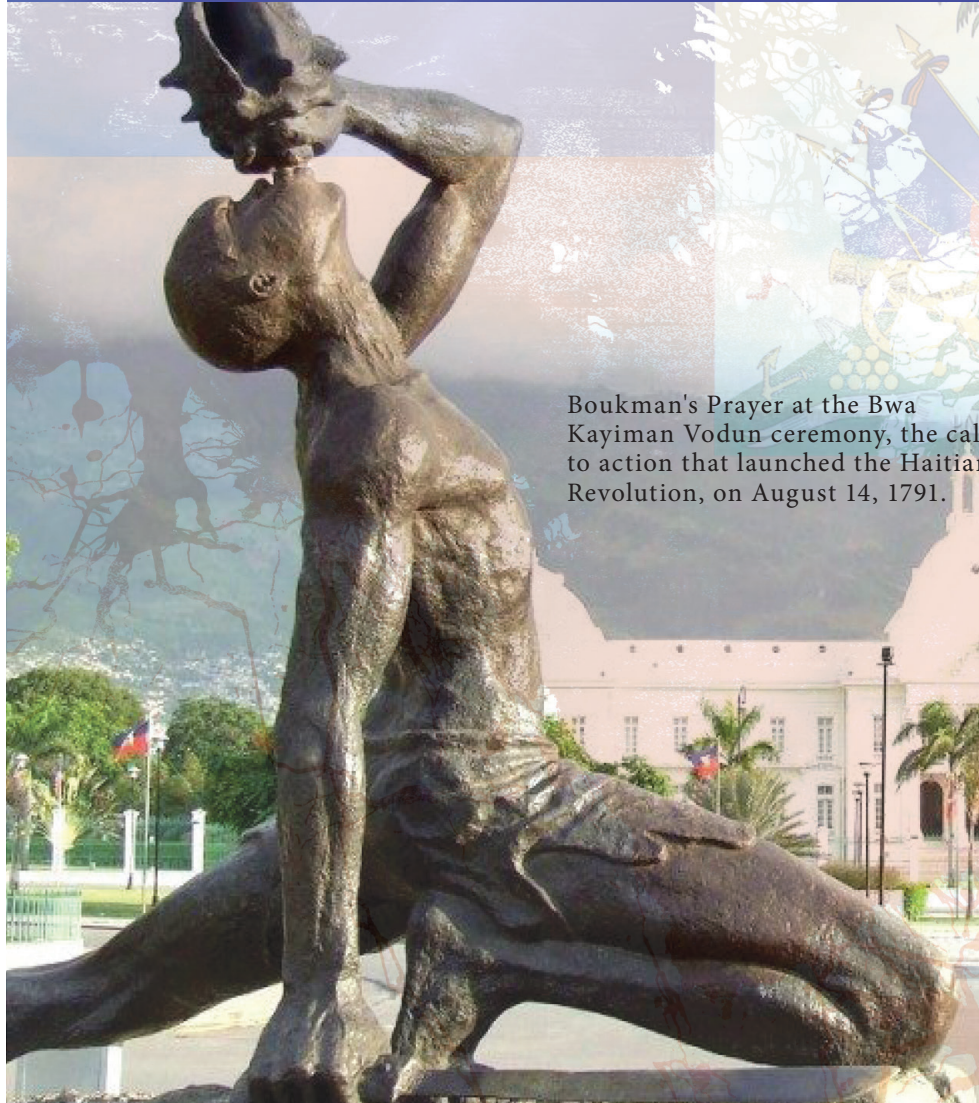
The Nubian News

Loving the Black Perspective

Bwa Kayiman



Haiti



Boukman's Prayer at the Bwa Kayiman Vodun ceremony, the call to action that launched the Haitian Revolution, on August 14, 1791.

This statue called "Nèg Mawon" or "The Unknown Slave" is the symbol of Haiti and its Revolution. With a sword in his hand and broken chains around his ankles, he summons his country men and women to his side. Long live the Haitian Revolution.

El Latino News

En Contacto con la Comunidad

Trenton – Mercer County

Go to page 11 - Edited by Carlos Avila

We owe so much to the Haitian people. On August 14, 1791 the Black slaves of Haiti stood up and began the fight which threw off the yoke of their oppressors.

They were the first and still the only slave people who, though armed combat freed themselves from slavery. But they didn't stop there; they welcomed every slave person in the Americas to their country - where everyone who made it became free. The Haitians were the first free people in the Americas and they helped many other countries throw off their enslavers and free their people. With Haitian help Simon Bolivar fought and won the independence of many of the southern American countries. The United States was shaken by the successful Haitian revolution

BOUKMAN'S PRAYER

Bon Dje ki fè la tè. Ki fè soley ki klere nou anwo. Bon Dje ki soulve lanmè. Ki fè gronde loray. Bon Dje nou ki gen zorey pou tande. Ou ki kache nan nyaj. Kap gade nou kote ou ye la. Ou wè tout sa Blan fè nou sibi. Dje Blan yo mande krim. Bon Dje ki nan nou an vle byen fè. Bon Dje nou an ki si bon, ki si jis, li ordone vanjans. Se li kap kondwi branou pou nou ranpòte la viktwa. Se li kap ba nou asistans. Nou tout fèt pou nou jete pòtre dje Blan yo ki swaf dlo lan zye. Koute vwa la libète kap chante lan kè nou.

because they feared their ownslaves would rise up and fight for their freedom.

Search out Haiti's history and learn of the heroes who paved the way for our own liberation. Learn who Jean Jak Dessalines, and Toussaint Louverture, the leaders of the Haitian Revolution, were.

The debt Black people in America owe to Haitians can be repaid. Go to and visit this mighty country and pay homage to its brave and unbending people. They have paid a huge price for the freedom they took.

We can help them celebrate history this week and every week. August 14 at a Vodun ceremony marks when it began, ending in liberation on January 1, 1804, 215 years ago.

Boukman's Prayer

The God who created the earth, who created the sun that gives us light. The God who holds up the ocean, who makes the thunder roar. Our God who has ears to hear. You who are hidden in the clouds, who watch us from where you are. You see all that the Whites have made us suffer. The White man's God asks him to commit crimes. But the God within us wants us to do good. Our God who is so good, so just, orders us to avenge our wrongs. It's our God who will direct our arms and bring us victory. It's our God who will assist us. We all should throw away the image of the white man's God who is so pitiless. Listen to the voice for liberty that sings in all our hearts.

If you do not understand White Supremacy (Racism) --- what it is, and how it works --- everything else that you understand, will only confuse you."

Neely Fuller Jr. [1971]



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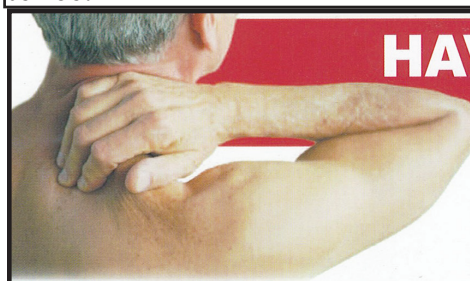
Compiled from "The United Independent Compensatory Code/System/Concept by Mr. Neely Fuller Jr.

Racial prejudice:

(An incorrect term that should not be used to describe any condition.)

Explanation: To say that a person practices 'racial prejudice' is confusing. It is best, and correct, to say that a person practices racism. To exercise prejudice is to 'judge' before knowing and/or understanding the truth about something or someone. A racist is not a person who is "prejudiced" against another person. A racist is not, necessarily, a person who doesn't know, and or understand, the truth about their victims. A racist is a person who simply intends to subjugate, restrict, and/or mistreat, another person, on the basis of color and or factors associated with color. White supremacists do not mistreat non-white people because they lack knowledge and or understanding of them. White supremacist mistreat non-white people because they know and understand that

they want to mistreat them, it is their reason for existence. You can order the digital edition of "The United Independent Compensatory Code/System/Concept online at: <https://www.digitalxpress.shop/product-page/the-united-independent-compensatory-code-system-concept-textbook-counter-racist>



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The Red Summer of 1919

BY AL ALATUNJI

The headline read, “Deadly Day in America” in response to the mass shootings in El Paso, Texas and Dayton, Ohio. The mass shootings were within 13 hours of each other with 32 people losing their lives and another 50 plus injured. One of the shooters was reported to be a white supremacist who railed against immigrants and Hispanics, blaming immigrants and first-generation Americans for taking away jobs and for the blending of cultures in the US. The headline would imply that the two shootings were some unusual aberrations. However, it was just another day in America.

The Dayton shooting occurring on the 216th day of the year was the 250th mass shooting in 2019. A mass shooting is defined as a shooting in which four or more people, not including the shooter, die from gun violence. Two hundred and fifty mass shootings since January 1st in the good old USA.

As ugly and tragic as the two mass shootings were, as well as the other 248 massing shootings this year, the violence, hate and death so far this year pales in comparison to the summer and fall of 1919, exactly a hundred years ago.

The Red Summer of 1919 as it came to be known, actually occurred during the summer and early fall between May and October. The period was marked by hundreds of deaths and a higher number of casualties across the US. Anti-Black white supremacist terrorist attacks occurred in more than three dozen cities and one rural

county. In most instances, whites attacked Blacks. In some cases, Blacks fought back, notably in Chicago and Washington, D.C.

The term Red Summer was coined by author and civil rights activist James Weldon Johnson.

The highest number of fatalities occurred in a rural county in Arkansas, where an estimated 100 to 240 Blacks, and five whites, were killed. Chicago and Washington D.C. had 38 and 15 deaths, respectively, and many more injured, with extensive property damage in Chicago.

The most violent of all the race riots as they are historically called, though a better term would be domestic terrorism, began on July 27. A young Black man visiting Lake Michigan beaches accidentally swam on the South Side, which was frequented by whites. As a result, he was stoned and drowned.

After the police refused to arrest the young man's attackers, violence ensued. For 13 days, white rioters destroyed the homes and businesses of Blacks. By the end of the white supremacist terrorist attacks, an estimated 1,000 Black families were homeless, over 500 were injured and 50 people were killed.

One of the last but most intense of all the white supremacist terrorist attacks began on October 1 in rural Arkansas after whites tried to disband the organizing efforts of Black sharecroppers. Black sharecroppers were meeting to organize a union so that they could express their concerns to local planters. However, the planters opposed the worker's

organization and attacked the Black farmers. During the white supremacist terrorist attacks in Arkansas, an estimated 100 Blacks and five whites were killed.

miscalculation to think that the recent mass shootings and hate speech by white supremacists and white nationalists was just an aberration. The violence, hate, racism,



An infamous photo of the white supremacist pouring acid in the pool with Black swimmers.

It was just four years earlier in 1915 along the Mexico-Texas border Texas Rangers murdered hundreds of Mexican-Americans amid a climate of racism and hate. The period became known as La Matanza, or The Massacre.

It would be a serious mistake and

anti-immigrant sentiment and just pure evil is not new to America. It is embedded in its very nature and core. It cannot be just exorcized out when the current occupant in the White House is kicked out. Even though an exorcism is strongly suggested prior to a real president taking office.

Diabetes And Black Women

BY AL ALATUNJI

The cost of insulin is skyrocketing and people, especially Black women, are dying because they cannot afford or don't have access to vital medication.

There is not enough being done to lower the prices of prescription medications that could mean life or death for so many Blacks that depend on it to live.

Over 30 million people in the United States have been diagnosed with both Type 1 and Type 2 diabetes including nearly 13% of all non-Hispanic Black people. According to the Office of Minority Health at the Department of Health and Human Services, Blacks are 80% more likely to be diagnosed with diabetes and the majority

of them are women.

Many of those suffering from diabetes depend on insulin to regulate their blood sugar to remain healthy so that the food they eat does not threaten their lives. Instead of ensuring that people with diabetes can have access to this life-saving drug, some politicians have put up roadblocks to make it harder for patients to receive care, despite bipartisan outrage by the excessively high cost of prescription drugs.

This is not just bad politics, this is a life or death issue for working families across the country, and Blacks are disproportionately paying the price. Instead of focusing on lowering drug costs for all Americans, some lawmakers continue to attack the

Affordable Care Act and its health care protections for those that have pre-existing conditions. While they do this, as many as one in four people skips insulin doses or rations prescriptions because of the rising cost. Sadly, some of these people are dying as a result—and many Black women are specifically at risk.

Blacks are more likely to develop, and unfortunately suffer fatalities from Type 2 diabetes at twice the rate of their white counterparts. Blacks are also overwhelmingly more likely to suffer from debilitating complications caused by diabetes such as amputations, blindness and kidney failure more than their white counterparts. Due to lack of health resources in predominantly Black communities, Blacks receive poorer quality care and get care later when

the disease has progressed.

The risk for getting Type 2 diabetes increases with age with the highest incidence occurring between 65 and 75. This is precisely the point in life when income decreases. Black women are especially affected. They are likely to be care-givers and spend their hard-earned money on ensuring family members are healthy making access to insulin a greater challenge. The health and wellness of Black women must become a top priority.

**Make
Healthy
Choices**

What To Do If ICE Shows Up At Your Door

BY AL ALATUNJI

It would be a real mistake to believe that because you do not speak Spanish or look like you may have come from south of the border that you are safe from having ICE officers appear at your door prepared to round up you and your family for the concentration camps. Regardless of job title, educational level, the car you drive or how much money you have under your mattress, we are all aliens to police and their backers. Do not be fooled, the rights and lives of people of color in the US do not matter. If they show up at your door by mistake or otherwise they will not ask to see your driver's license or any other form of identification. They assume that the identification that you possess is fake anyway.

If ICE knocks on your door it is important to know your rights. Be calm, but do not open the door. Opening the door does not give them permission to come inside, however it is safer to speak to ICE through the door. Ask what they are there for and ask for an interpreter if you need one. If they ask to enter, ask if they have a warrant signed by a judge. If so, ask

to see it through a window or slip it under the door. If there's no warrant signed by a judge, you may refuse to let them in. Ask them to leave any information at the door.

If they force their way in, don't resist. Tell everyone in the residence to remain silent. If possible have someone in the residence record ICE's activities.

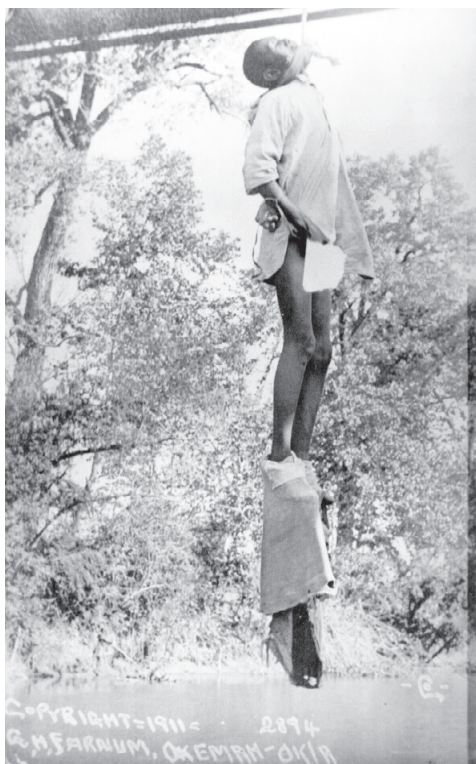
If you are arrested, remain silent and do not sign anything until you speak to a lawyer. If you are on probation with a search condition, law enforcement is allowed to enter your home. However, an ICE administrative warrant, Form I-200, I-205, does not allow officers to enter a home without consent.

It is very important for you to insist that an individual purporting to be an ICE officer is in fact an ICE agent. Request identification and again if possible have someone record the encounter. There have been too many incidents of individuals trying to take advantage of undocumented citizens. In the US it is important to know your rights, the very few rights as a person of color that you actually have.

US Justice Department Resumes Death Penalty

BY AL ALATUNJI

Recently, the US Justice Department reinstated a two-decades-long



There hasn't been a Federal execution since 2003. The bloodlust never dies in this government.

punishment. The Department of Justice immediately scheduled the executions for five death row federal inmates.

The last federal execution took place in 2003. Since then, protracted litigation over the drugs historically used in lethal injection executions prevented the government from continuing the practice.

There are currently 62 federal inmates on death row. Of those 62, 41.9 percent are Black, 43.6 percent are white, 11.3 percent are Latino, and Asians and Native Americans each make up 1.6 percent of the federal death row population, according to the Death Penalty Information Center. Blacks make up 13.4 percent of the entire US population.

Early in the Trump administration, former Attorney General Jeff Sessions ordered the Federal Bureau of Prisons to examine what steps might be required to resume the use of the death penalty.

In March 2018, Sessions also called on federal prosecutors to seek the death penalty when bringing cases against drug dealers and traffickers

New Jersey Restricts Isolated Confinement

BY AL ALATUNJI

In a major victory for advocates opposed to the inhumane practice of housing prisoners in "solitary confinement" cells in the state prison in Trenton and other state facilities throughout the state, Governor Phil Murphy signed legislation on July 11th which restricts the use of isolated confinement in New Jersey's correctional facilities. The new law places limits on the use of long-term isolated confinement, and restricts the use of isolated confinement on vulnerable populations.

The law prohibits inmates incarcerated or detained in correctional facilities from being placed in isolated confinement unless there is reasonable cause to believe that the inmate or others would be at substantial risk of serious harm as evidenced by recent threats or conduct, and that any less restrictive intervention would be insufficient to reduce that risk, subject to certain limited exceptions.

"Our state holds over 5 percent of its detainees in solitary confinement, despite extensive evidence that this causes lasting mental health damage," said State Senator Sandra Cunningham (D-Jersey City) and sponsor of the legislation. "Using it with the regularity that we do is not only unnecessary but unjust. Unless a person is of clear and present danger to those around them, they should not be placed in isolated confinement. This legislation is long overdue and I am grateful to see it signed into law." Members of vulnerable populations, including individuals under 21 and over 65, individuals with disabilities,

as part of a strategy to help combat the opioid crisis.

US public support for the death penalty has declined since the 1990s, according to opinion polls, and all European Union nations have abolished it. Despite the reinstatement of the death penalty by the federal government its use by states is becoming rare and declining. Twenty-five states including New Jersey have already ended capital punishment and the governors of four other states including Pennsylvania have halted executions.

Since 1975, 1,500 people have been executed by various states according to the Death Penalty Information Center. Of that number 513 or 34.2 percent were Black. Currently, 42

pregnant women and LGBTQ individuals, are prohibited from being placed in isolated confinement except in rare, specified circumstances. No inmate is to be placed in isolated confinement for more than 20 consecutive days, or for more than 30 days during any 60-day period.

The Nubian News in its June 8, 2018 issue reported on efforts by Trenton and state wide activists and advocates as well as representatives of the New Jersey Campaign for Alternatives to Isolated Confinement to get legislation passed and signed into law to restrict the use of isolated confinement in New Jersey's correctional facilities. The United Nations and various human rights organizations throughout the world considers the use of isolated confinement inhumane and torture.

Despite the many alarming facts about isolated confinement, New Jersey continued to rely on this practice to house roughly 1,500 prisoners on any given day. While the conditions and duration of these prisoner housing units remain the same, department administrators and state officials were able to deny that isolation existed due to its different monikers and justifications: "restricted room engagement", "administrative segregation", "disciplinary segregation", "management control units", "special needs units", "voluntary and involuntary protective custody" etc. Given the fact that New Jersey ranks dead last among all U.S. states in racially disproportionate sentencing rates, advocates strongly infer that communities of color were impacted disproportionately by these ongoing torture practices.

percent of the individuals on death row in states with the death penalty are Black.

Over 75 percent of the murder victims in cases resulting in an execution were white, even though nationally only 50 percent of murder victims generally are white. Only 15 percent of the murder victims in cases resulting in an execution were Black. In 96 percent of states where there have been reviews of race and the death penalty, there was a pattern of either race-of-victim or race-of-defendant discrimination, or both.

All five men scheduled to be executed will be executed by lethal injection using a single drug: pentobarbital. The first execution is scheduled for December 19, 2019.

Ike Williams Boxing Academy: A Community Commitment

By KELLY RAMOS

I have been going to the Ike Williams Boxing Academy in Trenton for about six months, four to five days a week. It's named after the famous Lightweight World Champion Boxer, Ike Williams A.K.A. "The Right Hand" who was raised and turned pro in Trenton, NJ. Eric "O" Judkins runs the gym, it's his place. Eric is not only a boxing and fitness coach, he's also a community leader, mentor and life-

himself during his younger days. So he decided to share the successful path he took during his difficult teenage years, with many of Trenton's inner city youth.

The Ike Williams Boxing Academy provides at-risk youths and adults a safe environment to learn the art of boxing. "O" as we call him, also provides mentoring and a great support system to all of the guys and girls in the community.



long Trenton resident, who realized that his community was suffering and was no longer a safe place to be. Eric saw that many of the city's youth were falling through the cracks, joining gangs and were committed to the street life. So he decided to do whatever he could to turn that situation around by being a part of the solution. It's his way of giving back to the city by creating a place with a positive outlook for young people who might not have one. Eric used to be a great amateur boxer

They have also set aside a large portion of the building, where they plan to build classrooms with computers and a daycare facility, so school aged kids can do homework and receive tutoring and mentoring. The daycare facility will be a place where parents can safely leave their children, so they can workout too if they so desire. One of Eric's greatest accomplishments to date, is the success of one of his boxers, Michael "Beast" Hilton.



When my son was in middle school, he used to train at the gym that was connected to the Boys and Girls club in Trenton. Michael Hilton worked out at the gym as well, years ago under Eric "O" Judkins' guidance and leadership.

Michael "Beast" Hilton is a two time national champion, winning the Police Athletic League tournament in 2013 and the National Golden Gloves in 2015. Hilton was also a member of the USA National boxing team in 2013. "Beast" is now a professional fighter, fighting out of Trenton, NJ, with a record of nine wins and 0 losses to date.

The name of the Ike Williams Boxing Academy implies that it is only a boxing gym, but I don't train there to hone my fighting skills. I go to the other side of the gym, for training by Divine Allah who I've known for 13 years.

The other day I was parking my car to do another workout with Divine and I saw an old friend who lives right across the street from the gym. He told me he likes what they do. Then he said, "I wish the rest of the neighbors felt the same" and that, "He was the only friend they had in

this neighborhood". I was shocked, but on second thought I wasn't too surprised.

It seems like anytime, anyone from Trenton wants to do something good and give back to the city, the lack of support from the locals is the first obstacle they come up against. I think we need more facilities like this all around Trenton, where younger men and women are taught important life skills such as discipline, tenacity, persistence, courage, hard work, and character building.

The boxing and personal training teaches every participant the values of hard work, consistency, discipline, learning new crafts and following through on what we all started. Character building is a big deal at the Ike Williams boxing academy. Every kid that walks into the building, to go to the boxing gym, has to pass by Divine in the first training room. He literally makes them all give him a new word everyday to describe how their day went. If they don't have a word, they don't get to go into the boxing area to train until they come up with a unique word to describe their day.

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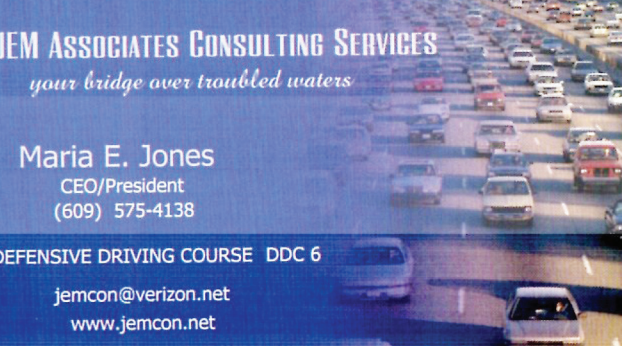
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"I Know I Can"



Dear Neighbor,

July 2 was my one-year anniversary as Director of the City of Trenton's Department of Water and Sewer, which operates the 200-year-old **Trenton Water Works** (TWW).

I would like to report to you what TWW has done to return to high water quality and how we plan to maintain this excellence, including a summary of future capital projects and customer service.

TWW began its revival in 2018, during which we began to think more strategically about our filtration and water-distribution systems, our workforce, current and future capital projects, and our communication with internal and external stakeholders. Fundamental to the latter are our customers, TWW's most essential asset.



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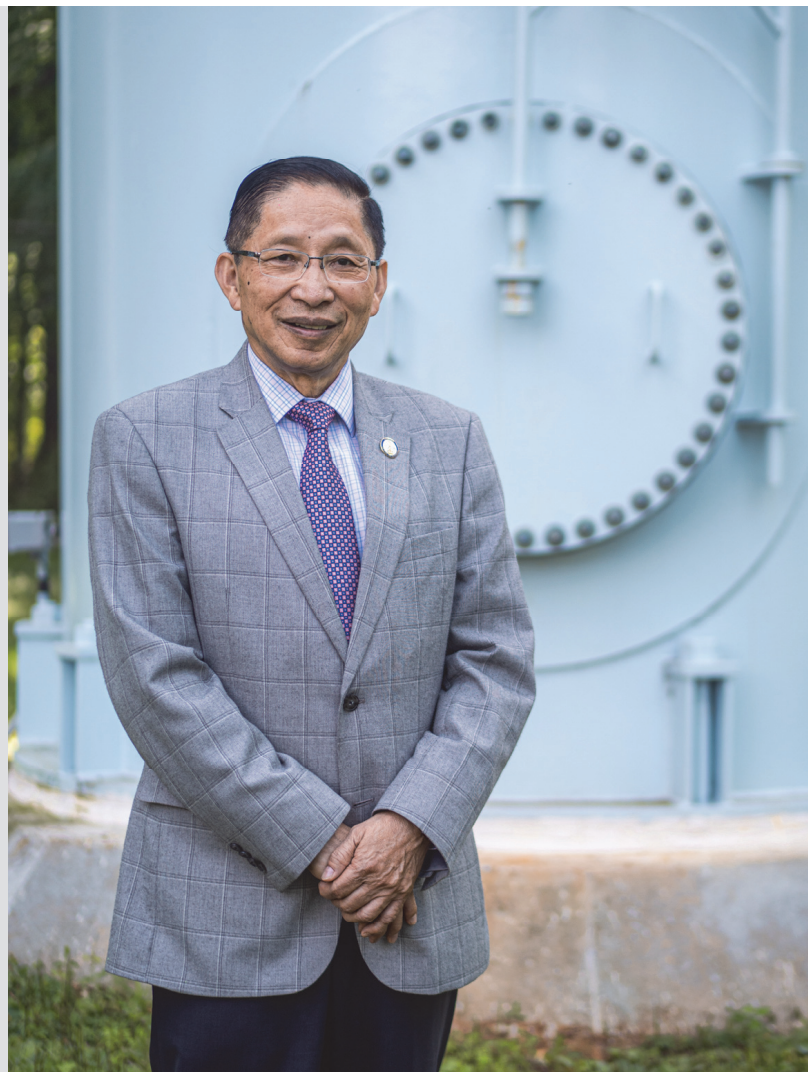
Together with my management team, and the deep support of Trenton **Mayor W. Reed Gusciora**, we are executing a comprehensive plan to reorganize TWW and position it for stronger water quality and operational success.

We have made substantial progress.

In December 2018, TWW professionals restored high water quality by aggressively implementing our **Disinfection Byproducts Reduction Plan**. The goal: eliminate DBPs from our finished drinking water. Federal and state water-quality regulations had required TWW to mail several violation notices to our 63,000 customers between 2017 and 2018 as a result of high DBP levels. The 2018 Reduction Plan was a success.

Our quarterly sampling and testing for DBPs, data that is supplied to the New Jersey Department of Environmental Protection, continue to exemplify that TWW is meeting federal and state water-quality expectations.

At TWW's **water-filtration plant**, we fixed key water-treatment systems, including four Superpulsators, to improve turbidity (a measure of water clarity); we launched a year-long \$5 million rehabilitation of two chlorine contact basins to improve disinfection of raw water drawn from the Delaware River; and we completed an upgrade to an advanced control system called **SCADA**, which stands for **Supervisory Control And Data Acquisition**.



Dr. Shing-Fu Hsueh, P.E., P.P.
Director

SCADA allows plant personnel to control and monitor plant operations, filtration-process performance, pump stations, several multi-million-gallon storage tanks, the 100-million-gallon **Pennington Avenue Reservoir** and other parts of TWW's 683-mile **water-distribution system**.

We continue to biannually flush water mains throughout TWW's water-distribution system to remove sediment and stagnant water. In June, we started flushing our multi-million-gallon elevated storage tanks, a standard maintenance procedure that ensures high water quality and optimal pressure.



Advancing Capital Projects

We measure our capital projects in the millions. In fact, TWW will take on 36 projects over the next five years, more than \$80 million in improvements to the TWW system. This will ensure high water quality for years to come.

Between this fall and the spring of 2020, TWW will launch its \$15-million **Lead Service Line Replacement Program**. This initiative replaces risky lead and galvanized steel water-service lines at residential properties in our service area for around \$1,000, a substantially reduced cost to the homeowner. Banned in 1986, these lines can be a source of lead contamination in drinking water. We envision spending \$50 million in the next 10 years to replace water-service lines on private properties, as well as those that are part of our water-distribution system (from our water main to the curb). This fall, TWW will introduce corrosion-control techniques to prevent lead particles from entering the water flowing through service lines connected to our system.

To improve the flow of water throughout our water-distribution system, TWW will spend \$40 million to clean and line water mains and upgrade four-inch water mains to six-inch mains, as needed. The cleaning and lining process removes iron oxide tuberculation—small areas of corrosion—that accumulate in water mains over time, and helps to substantially increase the pressure at fire hydrants.

In the near-term, we plan to make \$2.7 million in improvements to the raw-water intake system at our water-filtration plant, which draws from the **Delaware River**, to make it less susceptible to vegetative and frazil ice clogging and more resilient to drought conditions. System designs are complete.

We have launched a \$2.2-million capital project to replace all 24 of our water-filtration plant's filter media. These filters, viable for 20 years, are an important part of the filtration process, which enables the plant to produce 27 million gallons of drinking water each day.

Recently, we have proposed to the New Jersey Department of Environmental Protection the creation of a decentralized finished-water-storage-tank network. This project would be an alternative to installing a \$30 million, limited-life-span floating cover on TWW's 100-million-gallon Pennington Avenue Reservoir. The network, enabling TWW to phase out the reservoir completely, would meet our finished-water-storage demands while reducing the age of water in our water-distribution system. It would also improve water-system resiliency, performance, operations, safety and security. The current reservoir is essentially a 120-year-old dam that is prone to leaks and has the potential for failure.



Improving Communications

TWW has vastly improved its communications and outreach. Since early this year, we have taken out print ads in service-area publications that convey important messages regarding our operations, we have launched a robust social media presence using Facebook, and we have rolled out **TWW-Connects**, a Reverse 911 System used to issue emergency and routine alerts.

To date, we have held more than 10 **Public Education Forums**, during which residents, customers and public officials have asked questions about their drinking water and water-utility infrastructure and interacted directly with TWW representatives. This personal public outreach has been an effective way to discuss important topics, including the science of water treatment, lead in drinking water and localized sources of lead, TWW's corrosion-control strategy, capital projects, and our work to fill vacant employment positions. To that end, TWW has hired 34 people in the last 12 months, reducing our vacancy rate to 14% from 40%.

I believe that providing customers and residents with a view of our operations through ongoing communication—including our day-to-day production activities and detailed information about the quality of the water—improves transparency and helps restore customer confidence in TWW's mission to produce drinking water that meets or exceeds federal and state regulatory standards.

Better Customer Service

We are enhancing our customer service.

We have upgraded our customer-service computer and telephone systems at our Cortland Street operations center and added two additional customer-service representatives (CSR). We are working to hire four more, including two bilingual CSRs. Our goal is to elevate personal service, reduce on-hold times, and improve the overall service experience. In the second half of this year, we will launch **InvoiceCloud**, an extension of our service that will allow customers to manage their accounts online, provide additional ways to pay bills, check previous bills, set payment reminders and alerts, and more. And, we are offering home delivery of lead testing kits by calling (609) 989-3033.

We are reorganizing **Trenton Water Works** for today and tomorrow. We are building a trained workforce and investing in a water-filtration, storage, and distribution infrastructure to achieve continued water quality and operational success. We deeply value our customers and the communities we serve.

As we work to achieve excellence in water quality and operations and to reclaim our status as one of the leading public water systems in the United States, please know that we are at your service.



Dr. Shing-Fu Hsueh, P.E., P.P.
Director



El Latino News

En Contacto con la Comunidad

Trenton – Mercer County



Parent Appreciation Lunch-in

HIGHTSTOWN--Con la predisposición de dejar a un lado el corre corre del día a día; el trabajo de los padres, el estudio de los hijos, las responsabilidades de cada miembro de la familia y por un momento compartir entre amigos y familiares en una rica charla y buena alimentación, un grupo de amigos y amigas que frecuentan en reunión en la Biblioteca de Hightstown se reunieron el pasado 29 de Junio en el restaurante 4Seasons Cafe & Deli en el centro de Hightstown.

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- yobany Enriquez 21
- Noe lopez 5
- Wilson Maldonado 14
- Luis Pérez 15
- Alex Morales 2
- Elfego Urias 17
- Luis sierra 6

- Marco Martínez 10
- Selvin Cruz 8
- Valentino García 12
- Alex marinaccio 18
- Ernest Kwabena 11
- Fernando López 9
- Antonio Reyes 1
- Melvin lopez 7
- Cristian López 20
- Julián Galindo 16
- Héctor lopez 4

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Colombiana es medico y diseñadora de modas

POR: ALVARO MEDINA

Bogotá, Colombia - Su familia son empresarios de modas dueños de una de las fabricas y distribuidoras de



zapatos y ropa de cuero mas grande del país. Pero Yohan Suarez quería hacer un poco más que diseñar modas pues decidió cursar una carrera de medico. Sin embargo a pesar de salir

a ser protagonistas en Colombia,” expreso Suarez mientras exponía su ultima colección en una exposición de cuero en Bogotá.

Yohan ha vestido a personajes tales como Diomedes Diaz, Miss. Colombia y varias personalidades publicas. Ella tiene dos batas, la de costurera y ropa y la bata blanca de medico.



primera en su clase de medicina en la Fundación Universitaria Juan N. Corpas, Yohan se destaca en el mundo de las modas.

“Mi pasión sin duda es cuidar de la salud de la gente pero mi habilidad innata es el diseño de conceptos de moda cosa que ha llevado a mi familia

“Siempre que estoy vistiendo ha alguien o exponiendo mis conceptos de modas me preguntan de paso si les puedo dar algo para la gripe, expreso Yohan riendo.

Yohan estará en Miami exponiendo sus modelo a de zapatos y vestidos en cuero.

La política migratoria que está separando familias

POR LAURA LUCIA RODRÍGUEZ PEÑA

Estados Unidos es un país que desde tiempo de postguerra (desde la década de los 50) ha logrado posicionarse como una economía, relativamente, estable, con oportunidades emergentes de trabajo y en general los medios para quien quisiera tener un futuro prometedor. Por esta y otras razones Estados Unidos es conocido como el país del “sueño americano”; es decir, aquel territorio donde cualquier persona podría comenzar desde abajo y ver materializados sus sueños, en su mayoría relacionados a prosperidad económica.

Esto, sumado a la difícil situación económica y política del Sur de la Región, comenzó a ser muy atractivo para los latinos quienes desde mediados del siglo XX empezaron a proyectarse hacia el norte, puesto que este país prometía a sus residentes las posibilidades que en América Latina parecían inalcanzables. Con el paso del tiempo los gobiernos de dicho país han tomado diferentes posturas sobre la migración latina, convirtiendo esta situación en uno de los asuntos principales de su agenda, pues más que una oportunidad la migración latina es vista como una problemática.

Como respuesta al crecimiento de la población latina en el país del norte lo presidentes estadounidenses han optado por tomar diferentes medidas que van desde el endurecimiento de la otorgación de visa hasta la construcción de un muro físico que divide a Estados Unidos de México y el cual es vigilado de manera continua por oficiales armados. Sin embargo, los latinos no han cesado de migrar en busca de mejorar su calidad de vida, muchos de ellos han formado una familia una vez se han establecido en norteamérica, siendo así sus hijos ciudadanos estadounidenses.

A pesar de haber vivido la mayor parte de su vida en Estados Unidos, haber conformado una familia y haber contribuido a la economía mediante trabajo y pago de impuestos, el gobierno actual considera que los latinos no son bienvenidos y que si sus papeles no están en regla pueden ser deportados de forma inmediata a su país de origen, sabiendo que esto implica una separación con los niños que por ser ciudadanos americanos tienen derecho a permanecer en este país. Esta medida ha causado polémica, en especial desde el 2018 con la imagen de una niña de 3 años,

aproximadamente, que llora mientras su madre es requisada por guardias de la frontera en Estados Unidos. Esta imagen es un claro ejemplo de lo que han tenido que pasar las familias desde el inicio del mandato del actual presidente, gracias a su política migratoria de cero tolerancia.

Las autoridades hablan de “2737 niños que fueron separados de sus padres debido a esa política” (Jordan, 2019). No obstante, se estima que la realidad es diferente y que de hecho la cima es mucho mayor a la revelada por las autoridades. Ahora bien, vale la pena apuntar que hay una contradicción entre los poderes de la gran potencia pues “El 26 de junio de 2018, un juez federal en San Diego ordenó al gobierno federal a frenar la separación de padres e hijos en la frontera y a reunificarlos con sus padres.” (Jordan, 2019) este parecía ser un rayo de luz en medio de la noche oscura que han vivido los latinos separados, pero esto no duró mucho pues “El presidente Trump revocó la política ese mismo mes.” (Ibis, 2019).

No se han publicado cifras recientes de las víctimas de esta política, el daño que ha causado esta medida es irrevocable y ha destruido a diferentes familias que actualmente se ven obligadas a vivir separadas por kilómetros de distancia. Actualmente, los latinos se encuentran en una constante agonía por ser detenidos incluso en sus propias casas y devueltos a los países de los cuales tuvieron que huir, algunos hace décadas atrás.

También vale la pena señalar que esta es una situación de la que sufren en su mayoría latinos también diferentes inmigrantes de medio oriente se han visto perjudicados, tan sólo el día 6 de agosto un hombre nacido en Grecia que había vivido desde los 6 años en Estados Unidos fue deportado a Iraq, un país que nunca había visitado y de donde no conocía siquiera el idioma, esto causó que al no poder comunicarse este hombre viviera en las calles y al no conseguir insulina para su diabetes, perdiera la vida (LaChance, 2019). Hasta qué punto deportar a un inmigrante a un país puede llegar ser atentar contra su vida, este es sólo uno de tantos ejemplos de hombres a quienes se les ha arrebatado todo lo que ha construido con esfuerzo en el país que los recibe y cuya historia termina en tragedia.

Hip Hop Yoga In a Yurt

BY TANGELA WRIGHT

Who knew that you I would someday, really look into yoga. After hearing



all the great reviews from friends and watching my cousin Dominique transfer her body and spirit through yoga, I thought why not give it a try. While thinking aloud to myself in my facebook feed an invitation to yoga in the Princeton Yurt caught my attention. I read all the information the post had to offer and it beat all similar information especially considering the first class is free.

After my mind was committed to the plan for the next step in health and body transformation, I did some homework about what I was stepping into.

If you have never experienced yoga

and are looking to tone muscles, become more flexible (ladies to do some bedroom magic) or just for yourself, lose weight, gain some inner peace and quiet when the world has been too loud, this is the way to go.

I know you're wondering about that "Yurt". The definition of yurt is a circular domed tent of skins or felt stretched over a collapsible lattice framework used by pastoral peoples of inner Asia.

I took my daughter Namiya with me to have an experience of her own. We pulled up to the property and followed the instructions. The sight of the yurt is breathtaking as

well as the foliage around it.

It was time to start the class with instructor or Yogi Adnan Shamsi. He teaches Aerial Yoga, Meditation and Hip Hop Hatha Yoga. He spoke with a very soft voice and made sure to get to know you on a personal note to better help you achieve your inner calm.

The class is an hour long and the other students or fellow yogis were very accepting, eager to learn and most of all friendly.

My daughter and I had a wonderful experience and plan to attend another class at the same location.

Have You Seen Us (Part 2)

BY TANGELA WRIGHT

As the summer is unfolding, we as Motorcycle Clubs, Auto Clubs and Social Clubs will be sponsoring events to bring the community and neighbors closer together with us. Look for us as we will be spending time planning and inviting the community to get to know us. Don't be afraid. We are asking that you leave your judgments behind. Simply just come out to get to know us for yourself.

Currently, on the horizon there will be a Backpack give-away on August 17th from noon to 6 pm at 212 West Hanover Street. Trenton, HighRollaz last feeding the street was on Sunday, August 11th. Set-up is always at noon and the feeding starts at 1pm on the corner of South Clinton Avenue near Planned Parenthood. Donations and help with serving for future feedings is always appreciated.

If you are still not sure of who we are, allow me to reintroduce ourselves again, as you will see more of us during the summer months. We are Shanell & Sharell Lane (High Rollaz Social Club), Mz.Sunshine (High Rollaz Social Club), Jahiera Torres (Crown Vic Auto Club), Mega Shane McKoy (K.O.D. Whipz Auto Club), Tyhira Blake (Crown Vic Social Club) and Tangela Wright (Jerzey Gurlz Social Club).

If you are interested in partnering with us to give back to the senior community, the community as a whole, would like more information about being more involved or just would like to get to know us better, feel free to reach out to us or email me at newjerzeygurlz@gmail.com or IG: Jerzeygurlzsc and I will be more than happy to point you in the right direction.

Interview with Trenton Councilman Jerell Blakeley

BY MICHAEL HARMON

"Nobody ever rob's someone on their way to work". Councilman Jerell Blakeley hit me with that colorful quote recently, while we sat and discussed one of Trenton's biggest



issues; crime and violence. During this interview we touched on the school board hiring a new superintendent, the cities new parking kiosks, the new police strategy and of course, solutions to crime and poverty in our beloved city.

We met in early July, at City Hall, in City Council Chambers. I found Councilman Blakeley to be candid and honest while we talked. Jerell graduated from Trenton High-West campus. He says "(he's) the only member of the Council to attend Trenton High" and he's proud of that. Trenton will have a new schools superintendent come September. He wishes outgoing Superintendent McDowell "good luck in future endeavors", as he retires in August but, believes his resignation gives the

city "the opportunity to hire someone that can take the district to higher heights". He believes "a national search is best" but, doesn't leave out the possibility "of an internal candidate". The district will hire an interim schools superintendent in September for the next school year but the hiring process is the exclusive domain of the nine members of the Trenton Board of Education.

"Ex-Mayor Eric Jackson started the process for the cities new parking kiosks. The days of parking in Trenton and not worrying about parking tickets is over. We've been leaving hundreds of thousands, possibly millions of dollars on the table each year due to lack of parking enforcement. This new money can be spent if it was up to me, bolstering opportunities in outreach and workforce development for our youth" Blakeley said.

Speaking on crime, violence and a lack of options Blakeley continued "There are more people leaving Trenton than coming to Trenton. That's due to a lack of opportunity, poverty and crime. He mentions "developing our population to be upwardly mobile and more successful, to attract business to Trenton. A smart law enforcement approach is needed to deter folks from committing violent acts and holding people accountable for actions, in court, and will help lead to a better, safer and more attractive Trenton."

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Nubian News Book Review

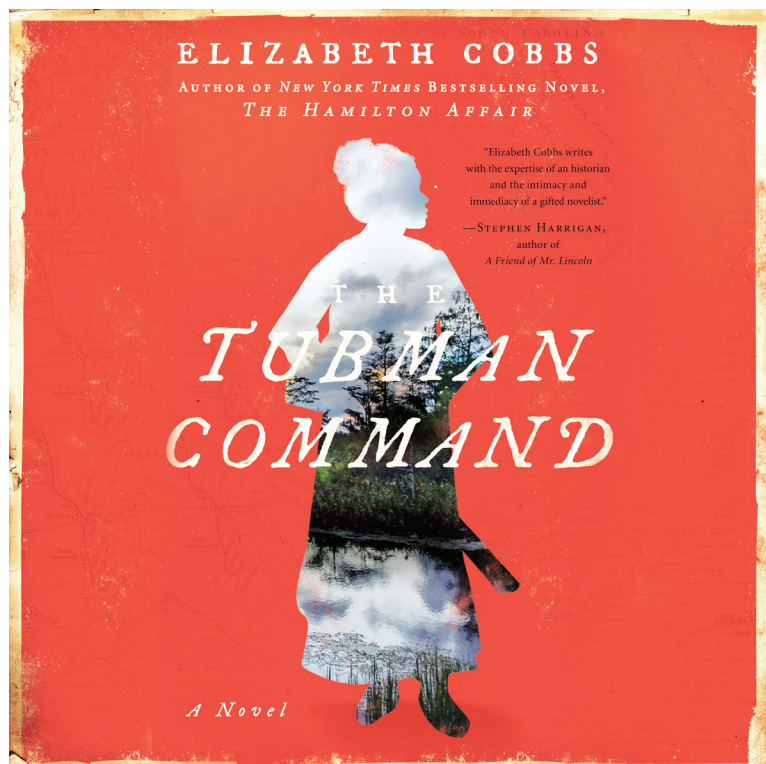
BY TERRI SCHLICHENMEYER

“The Tubman Command”

BY ELIZABETH COBBS

c.2019, Brilliance Audio
\$34.99/ \$51.99 Canada
10 discs, 12+ hours c.2019, Arcade
\$25.99 / \$34.99 Canada 327 pages

You are the Big Kahuna. The Boss, the One in Charge, maker of decisions and teller of things to do. You're the Big Cheese with all



on a plan that would boost the morale of the men, and show the Confederacy that the imposing position of Fort Sumter was no obstacle for the Union.

It was a mission that needed care. Every slave on the plantations around the Combahee River knew there were Confederate explosives buried in the Combahee's silt. At least one slave

knew where they were; Harriet had to find him and learn what he knew, but he was on

the notorious Lownes plantation. She'd need to go there and get out without the overseer, Pipkin, spotting her. She'd have to help General Hunter find

enough men to keep Charleston under control, too, so she'd need

to convince more Black men to join the cause. Folks didn't think black soldiers could fight. They didn't think a "puny" woman could lead people to freedom, either, but they had seriously miscalculated...

It's easy to place our heroes on a pedestal. We do it all the time, but "The Tubman Command" tips perch a bit.

No, you won't think lesser of Harriet Tubman after you've heard this audiobook. Instead, you'll see that "fierce" is too small a word for Tubman's personality and her heroism – she repeatedly *walked back into a plantation*, after all – although author Elizabeth Cobbs reminds readers in so many ways that Tubman was still a woman, probably a mother, absolutely able to fall in love. This is subtly done with slight liberties taken in her plot aspects, as Cobbs explains in her author's note.

That's not a distraction. It, and the performance by Heidi Franklin, enhances a tale that will thrill you and make you scream "Nooooo!" "The Tubman Command" is perfect for Civil War buffs, novel lovers, and anyone who wants a big story.

the responsibility and you ain't bad at it. So how would you do if, as in the novel, "The Tubman Command" by Elizabeth Cobbs, the very lives of soldiers, women, and children were in your hands?

On so many mornings, Harriet Tubman woke with the lingering feeling of her husband, John, lying next to her.

That hadn't happened in fifteen years, though, not since she left him and joined the Underground Railroad. She wasn't entirely sure where he was but she knew he'd barely recognize her. So much had changed since then. All that was just useless thought for another day; there were more important things in front of Harriet. She was thinking of her meeting with General David Hunter of the Union, and how he was going to help her free a thousand slaves.

Just gaining the respect of the soldiers was going to be a challenge.

Most folk thought that the person they called Moses was a man. Nobody ever thought a small woman could be so brave as to snatch slaves from beneath their owner's noses, but there she was. And she was working



(L to R: Rory Pasquariello, Bill Barlow, Kelly Ramos The Nubian News, Brianna Baker, CivicStory Founder Susan Haig, NJSR Hub Project Manager Hillary Richard, (NJHEPS) President Ashwani Vasishth, Ambreen Ali, Molly Fichter, Center for Cooperative Media Director Stefanie Murray.

Introducing the First NJ Sustainability Reporting Fellows

For the past few months, CivicStory has been working with three founding partners to build a collaborative project called the New Jersey Sustainability Reporting Hub. A key component of the project is to select a cohort of Sustainability Reporting Fellows who will focus their collective journalistic efforts over the next six months on New Jersey's transition to a healthy, sustainable future.

We are pleased to report that we have a strong, accomplished first group of Fellows, whom we will introduce to you over the coming weeks. On Monday at Montclair State University, these journalists began three days of orientation to broaden their understanding of the huge range of topics, concepts, and key players in the sustainability field in New Jersey.



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Some pictures from the Prayer For Peace Rally held at the Serenity Garden, corner of Prospect Street and Bellevue Avenue on Sunday July 28th at 11:15am.

Group shot- Regina Thompson-Jenkins, Ivey Avery, Amini Sababu and John Jenkins, Jr.

Regina and John are the parents of Tre Devon Lane who was gunned down on September 22, 2012 while protecting 2 friends. Regina Thompson-Jenkins and John Jenkins, Jr. are the authors of a new book "After The Storm- Our Journey Through Grief".

Amini Sababu was the facilitator of the event which was moderated by Pastor Antonio Bellamy of Transformation Church.



Pastor Antonio Bellamy and Lady Diane Bellamy, leaders of Transformation Church. Pastor Bellamy was the moderator of the Rally.



Guest OP-Ed, Letter to the Editor

This is a response to the article in the August 8, 2019 Trentonian about the efforts of the Trenton School Board to strip Janice Williams of pay for inflammatory remarks directed towards board members.

It is impossible to believe that she is a tenured teacher with decades of service in the school district. Her remarks sound more like an uneducated person from the streets. Perhaps I am giving her too much credit. Because even so-called street people know how to behave when they want something.

During President Trump's term in office, we have witnessed an upsurge in tasteless and unprofessional remarks towards women and minorities. I wonder if Ms. Williams is looking for her 15 minutes of fame. Or attempting to follow in Trump's path with incendiary comments?

In the world we live in today, there could be someone who has been following her in the Trentonian and decides to harm the members

of the school board. What are our children to think? That it is okay to call names and act like a bully to get what you want?

I would like to know how she would react if a parent approached her in the manner she has approached issues in the school board.

When does the madness stop and we begin to treat each other with decency and respect?

I am a 1972 graduate of Trenton Central High School who went to college on an academic scholarship. I am a product of the inner city whom has had a successful career. I think alumni should be campaigning to have her removed. I am disheartened to hear that the president of the teacher's union agrees with and supports her behavior.

Shame on her for disrespecting people who are trying to do their best for Trenton students.

THS Alumni for Board Member Removal ----- Edna Daniels

Fed'Em Up Grill Grand Opening

BY TANGELA WRIGHT

I had the pleasure to sit and talk to the Zalibah Griffin, co-owner of Fed'Em Up Grill. The idea for the eatery sprung from a family dream of working together to bring families and community together over food. The shop is in a perfect location across the street from City Hall in downtown Trenton. They serve breakfast, brunch and lunch. They officially opened on May 16th but decided to have a grand opening complete with moon bounce and vendors.

I asked Zalibah what events they plan to organize for the city at Fed'Em

Up? She listed the following events: Pop-Up Shops, Open Mic Night, lectures on health, business and growing the future, watch parties and Chat & Chew.

They are also looking to increase community support and business promotions as well as help with a better outlook on doing business in the capital city.

If you're wondering did I taste the food. Of course I did. But, stop in and check them out for yourself at 312 East State Street in Trenton, NJ. They are open 8am-8pm, Monday through Friday.

How would like to save on Cable Bills?

What's Happening

- Every Thursday through September 5th, 5:00pm - 8:00pm - Trenton Summer Concert Series, Mill Hill Park, Downtown Trenton. Bring your lawn chairs and sun umbrella. Free

- Every Tuesday, Open Mic with Benny P, 8:30 p.m.-2:00 p.m., Trenton Social, 449 South Broad Street, Trenton

- Every Thursday - Children's Thursday Theater, 3:00 p.m., Trenton Free Public Library, 129 Academy Street, Trenton

- Every Saturday, Board Game Workshop, 2:00 p.m.-4:00 p.m., Trenton Free Public Library, 129 Academy Street, Trenton

- Every Monday, Bible Conversation Group, 12 Noon to 1:15p.m., Starbucks Community Room, 102 S. Warren St., Trenton - For the non-religious, the spiritual, and everybody in between 609 836-1403

- Every second Saturday, 9 p.m.-2 a.m. at Championship Bar and Music Club at 931 Chambers Street in Trenton NJ there is 'Barz All Night'. Each artist gets to perform 3 songs and some freestyle cypher during intermission.

- Every Wednesday, 7:00 p.m. Open Mic Night with your favorite host Cinnamon R. Martin. Get a front row seat to some of the best talent that Trenton has to offer. Items for sale at this unique small business shop. 25 East Bridge Street, Morrisville, PA. There is a \$5 donation for the event.

- Saturday, August 17th - A Million Dreams · Hosted by Smith Family Foundation. Come support Trenton Youth as they perform an original play "A Million Dreams" NJ State Museum Auditorium 3:00pm. Suggested Donations of \$10.00

- Saturday, August 17th, House at the Lake 2019 · Word of Mouth Entertainment's House at the Lake by Mojo & DJ Reddz is scheduled for its second year at our private and secured location, Liberty Lake (Columbus, NJ) featuring DJ Patti Kane (House Royalty), DJ Steve Mason (WDAS), DJ Ameer (OPOM), special performance by Aly-us and Lady Alma performing LIVE! Food will be available for purchase, vendors on hand, Tropical Shaved Ice Snowball truck and an outdoor cigar lounge area by Belvedere Cigar Lounge.

- Saturday, August 24th ----Dr. Mwalimu Shujaa will be honored by the Watu Cultural Exchange at Calvary Missionary Baptist Church on East State St.

- Saturday, August 24th - East ward community cleanup · Hosted by Clean Trenton. Community leaders will join together at the Roebling II complex located 670 South Clinton Ave. (Hudson St., Mott St. & S. Clinton Ave) for a community cleanup from 8 AM till 2 PM (Across from the Roebling market). Volunteers will be cleaning the property in and around the complex removing tires, trash, cutting overgrown weeds, grass & trees

- Saturday, August 24th, 5:00 PM – 11:00 PM - SUMMER KICK-OFF POOL PARTY PART 2!! 40 Stanley Avenue, Trenton, NJ. YOU ASKED AND WE'RE DELIVERING!! Join us for one last SUMMER BASH!! Ladies wear your sexiest bathing suits and fellas wear your hottest swim trunks! Come and enjoy good food, drinks, games, and laughs with some bomb ass people; all while listening to dope music by a live DJ. It'll be something to remember! Lets vibe out and get lit one last time together. \$20

- Saturday, August 24th, 10:00 AM – 1:00 PM - 2019 WIPP - Girl Talk the 5.0 Series Conference Tour Trenton/Philly by Healing Broken Hearts Ministry. Women coming together in one place to bond and encourage one another; learning how to be healed from past hurt and how to allow God to process your pain into your purpose. You have been tried in the fire, but now it is time for you to come forth and shine as pure gold. This will be a day of celebration and rebirth as we receive joy, strength and wisdom from our guest speakers, performers, and vendors. Deeper Life Christian Tabernacle Church, 202 Bayard St, Trenton, NJ. 0 - \$100

- Thursday, August 29th, 10:00 AM – 12:00 PM - Shark Tank's Kevin O'Leary LIVE in Trenton! Kevin O'Leary will be hosting a LIVE wealth-building event, and tickets won't last long! Join us at this fun, relaxed and informative conference that is guaranteed to give you a new way to think about making money like never before. The opportunities

are virtually limitless! This event is all about helping you succeed! Kevin will be joined by some of the top speakers on wealth creation.

- Sunday, September 1 - Philadelphia Reggae Wine Food & Music Festival · Hosted by My Soca Wine and Soca Wine Events. The Philly Reggae Wine Food & Music Festival is designed to take guest on an epic journey through the Caribbean, showcasing Great Food, Wonderful Wines and Live Soca & Reggae Music. Live Band Performances, Wine Sampling, Souvenir Glass to Keep, Vendors. Belmont Mansion Dr, Philadelphia, PA

- Saturday, September 7th, 12:00 PM – 3:00 PM - Shiloh Community Mentor Summit, by Shiloh Community Development Corporation. Meet our community's finest mentoring programs under one roof! Find a mentor for your child! Become a mentor - make a difference! Shiloh Baptist Church, 340 Reverend S Howard Woodson, Trenton, NJ

- Saturday, September 7th, 1:00 PM – 8:00 PM - Essex County African American Caribbean Festival by African American Caribbean Committee of Essex County. The best of the Caribbean lands in Essex County the second weekend in September with live performances from the best performers from around the world. This is another free event. And draws thousands from the Tri-State area. Branch Brook Park, Prudential Groove Center, Newark, NJ

- Sunday, September 8, 2019 at 10 AM – 10 PM - Trenton Puerto Rican Parade - 2019 · Hosted by Trenton Puerto Rican Parade Committee. We look forward to seeing our streets filled with pride and joy and everyone displaying our Puerto Rican flag. This is a time to come together to share our culture and traditions with the world. Details with parade route and festival information will soon be provided.



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